

## Reagan recognizes SERVE program

### *Shell employees, retirees make up the work force*

In June, Shell Oil Company was honored by President Reagan for outstanding volunteer achievements; namely its Shell Employees and Retirees Volunteerism Effort (SERVE) program.

Chosen from a field of more than 2,000 nominees, Shell's SERVE program was one of 18 organizations and individuals selected to receive the 1987 Presidents' Volunteer Action Award.

Shell employees and retirees at work locations throughout the Houston-metropolitan area make up the SERVE work force. Says SERVE coordinating assistant Jane Brophy, "A person may have the willingness to help, but lack access to community organizations and knowledge of what's available. That's where SERVE helps. We match employees, retirees and their families with volunteer opportunities that may best use their available time, talents and energy."

At DPMC, employees have been involved with a variety of SERVE-coordinated programs and projects. **DAVID GONZALES**, an OP-III operator, and his wife **LISA**, a clerk in LOGEOUT, volunteered their time to help fix-up houses.

"A group of us from the Complex got together with other Shell volunteers and spent a Saturday repairing and painting old houses," Lisa says. "We found out about this project through SERVE. All we had to do was to notify them that we were interested in helping out and they did all the coordination. They provided transportation to and from the houses, as well as tools and refreshments. We supplied the manpower."

Lisa also helped with another SERVE-coordinated project — a Christmas party for disabled children.

"It's really hard to say why I volunteer my time," she confides. "I guess it's because I feel fortunate to have so much — that I want to give something back. SERVE provides the opportunities for me to do this."

Another DPMC employee who has volunteered her time for SERVE-coordinated projects is **ANN**

**PORAWSKI**, a supervisor in Finance. "I started volunteering through SERVE about nine years ago. I taught swimming classes to handicapped children for about three years. I also helped out with the Special Olympics, an athletic event put on for handicapped children."

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SERVE volunteer Ann Porawski (right) visits with Beth Randolph, an elderly woman who Ann calls daily as part of her involvement with the Sheltering Arm's Telephone Reassurance program. Ann says SERVE makes volunteering easy.

# Safety rules are the best first lesson

For young children, the first weeks of school can be an exciting time — so exciting that they may entirely forget all the safety warnings you've been teaching them. The Texas Medical Association says there are ways to make sure your child is prepared for a safe journey to and from school.

The first step is to decide whether your child will walk or ride to school. Consider factors such as traffic, distance, and your child's maturity. Is your child old enough to walk to school by himself? Does he or she know the rules of traffic and safe crossing? If you do decide to let your child walk, you may want to contact other parents in your area and find a "buddy" for your child to walk with.

Select a safe route. Look at traffic flow, crossings, busy parking lots, blind alleys, garage entrances and exits. Choose the least dangerous path, even if it's a little longer.

Take the walk with your child at least a few times to let him learn familiar landmarks. Point out hazards along the way and explain the dangers to your child. Be sure to tell him not to talk to strangers or get into a stranger's car. Remind your child that crossing guards are there for children's safety and should be obeyed.

If your child is going to school by city bus, take a few rides beforehand so he can become familiar with the route. Make certain your child knows the name of his stop and what it looks like. Also, agree on a procedure to be followed if your child misses a bus, or gets lost.

If your child is traveling by school bus, find out the driver's name. It will make your child more comfortable if the driver is a "real person" to him.

Be sure you know the length of time it takes your child to get home so you'll know when to expect him. And remember that most children need reminders about safety particularly during those first few weeks of school.



**FOOD DONATION...**DPMC recently donated 84 boxes of nonperishable food to the Meals on Wheels organization located in Pasadena. Shown here delivering the food is DPMC employee CHARLIE HOLMES with Susan Tibbertsman, manager of the organization.

## Volunteers kept up-to-date

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"More recently," Ann continues, "I've been involved in SERVE's house fix-up projects, the Olympic Festival, and currently I'm a volunteer in Sheltering Arm's Telephone Reassurance program." Sheltering Arms is a United Way agency serving the elderly.

"As a volunteer in the Telephone Reassurance program, I phone an elderly lady on a daily basis during the week. I check to see how she's doing and we spend a few moments talking. It makes her feel better because she knows someone will always be calling to make sure she's okay and not injured in some way. On special occasions such as holidays and her birthday, I'll stop by and visit for awhile."

With SERVE acting as a coordinator, Ann says her volunteering has been more active. "They have so many different projects available that almost anyone could find something of interest to them," she says. "And SERVE keeps you notified of new projects coming up."

She continues, "The nice thing about the SERVE program is that nobody forces you to volunteer by

constantly calling and asking for your help," she explains. "They just keep you informed on current projects and needs, and you decide how much or how little you want to do."

Recent examples of volunteer activities announced through SERVE include:

- working with the Houston Society for the Prevention of Cruelty to Animals as a computer volunteer.
- volunteering with the Houston Police Department to work in the newly-formed Call-Back Program for auto theft victims.
- assisting the Memorial Hospital Southwest as a member of their volunteer team.
- serving as a scout leader for a small group of handicapped youngsters.

"To find out what's available, all a person has to do is contact SERVE (One Shell Plaza/rm. 1509, 241-4776) and we'll put them on our monthly "Classifieds" mailing list," Jane points out. "Then they fill out and mail in the form and we'll send them all the necessary information."

She adds, "There's always a need for more volunteers."

## Notes

**FOR SALE** Waterbed, single, great condition, \$100 or best offer. 470-1426.

**FOR SALE** Tiller, 5 hp, Sears, w/reverse. \$295. Table saw, 10 inch, Sears, \$295. 472-0018.

**FREE** kittens. 473-6264

Please accept my thanks for the retirement party and gifts. I am especially grateful for the friendship of Shell employees through the years.

H. L. MIZE

Thanks to all my friends at DPMC and the retiree friends that made my fun retirement party a big success. I leave with over 40 years of memories of the good times we all had together. The gifts, scroll and video will be enjoyed for years to come.

JUANITA PRICE BATTON

LEROY JAMES, retiree, died June 28.

## United Way group begins planning

Members of DPMC's United Way committee recently met to discuss plans for the upcoming campaign. It is tentatively scheduled for early October.

Serving as co-chairpersons this year are BILL COIT, KEN POWELL, and JIM PAAR. Another co-chairperson is to be named. LEON GOBER and MYRON MATULA are campaign assistants.

Acting as advisors for the committee are ANN PORAWSKI (Finance), KALI GIEBEL (Employee Relations), DILLON SCOTT (Community Relations), and SANDY BRYANT (Administrative Services).

"We expect to build on the successful campaign we had in 1986," says Bill. "Last year, DPMC employees donated \$176,563 — the highest total since 1982. We also had the highest percent participation (83 percent) and employee per capita gift (\$68) in four years."

He continues, "It was the generosity of the employees and the tremendous efforts of the United Way solicitors that made the campaign work so well last year. We'll need that same response, plus a little more, to make it work this year."

## Jokers first in bowling

The SCORA Bowling League completed their 1986-87 season in May. Placing first in league standings among 12 teams was the Jokers, consisting of HURSCHEL MANN, RANDIE ROTHMAN, GEORGE and MARILYN BUISSON, CHARLIE and VICKIE LOVE, KNOX MONTGOMERY and STEVE WALTMON.

The League's 1987-88 season will start in August. League officers for the new season are BILL DORSEY, president; Hurschel Mann, vice president; and SHERRY LANGNAU, secretary/treasurer. Individuals are welcomed to sign up and should contact Bill Dorsey at 476-7714.



DPMC Retiree ACE CARLSON (right) was honored for his 13 years of service to the SCORA Bowling League. League President BILL DORSEY presented Art with a plaque and special cake.

## Shell Toastmasters Club

Join Us  
for Success!  
Everyone Welcome



Toastmasters puts you up front —  
with better listening, thinking and speaking.

**DATE: 1st and 3rd Tuesdays of each month**

**TIME: 4:15 p.m. - 5:30 p.m.**

**PLACE: North Cafeteria, Small Conference Room**



Kim Westbrook, Secretary

476-6516

8 out of 10 will have problems

# Back injuries on the increase

Back injuries at DPMC have been on the rise recently, according to DPMC's Medical department. In April alone, nine cases were reported.

"Back disorders are seldom caused by a single injury," says DR. BARRY KERN of the Medical department. "If not cared for properly, a person's back muscles and spine will deteriorate over the years without the person ever noticing a problem. Then, a twist or fall causes the problem to surface and the result is pain."

Statistics show that eight out of every ten people will have significant back disorders in their lifetimes. "Most back disorders occur in people who are 30 to 50 years of age," says Jack O'Dell, a physical therapist who works with DPMC's Medical department.

"Back injuries have always been a common occurrence," he explains. "The frequency and severity of back injuries is increasing, however, primarily due to two important factors — lack of exercise and bad posture."

He continues, "Today, people get very little physical exercise. Evidence shows that people in poor physical condition are much more likely to develop back disorder." Jack points out that many people believe they get enough exercise on the job, but he says in most cases that is not true. To gain the most benefit, a regularly scheduled fitness program must be followed.

"For example, take a look at football players," Jack says. "They seldom have back injuries even though they are doing things that are quite stressful to their backs. The reason is that they maintain a high degree of general physical fitness, flexibility and strength."

The second factor — bad posture — is believed to be the major contributor of back disorder. "When a person is in a flexed, forward bent position, a great deal of stress is placed on the spine," Jack explains. "Sitting, standing in a forward bent posture, forward bending and lifting all involve flexing of the spine."

There are several ways to avoid back problems while performing daily activities:

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- **Lifting** — The legs are much stronger than the back, so let them do the work in lifting a heavy object. Stand as close to the object as possible. Keeping your spine "hollowed-in," bend your knees and grasp the object. Lift by straightening your legs, but do not pull upward with your arms and back. When necessary to turn or pivot, do so with your feet. The spine

is not made to twist, especially when carrying a heavy load. Do six standing back bends before and after any heavy lifting.

- **Standing** — Stand erect with your head up, your shoulders straight, and your chest forward. Balance your weight on both legs.

- **Sitting** — A firm chair with a high

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Helping DPMC employees recover from back injuries is the job of Physical Therapist Gina Gonzales. She says that in many cases good posture and plenty of exercise can prevent back problems from occurring.

Forms due by November 2

## Scholarship contest to begin

In its twenty-first Shell Companies Scholarship Competition, the Shell Companies Foundation, Incorporated, will sponsor 50 college scholarships for children who will complete high school in 1989 and enter college in 1989. As in previous years, all



**GINALYNN WILLIAMS, daughter of J. C. Sorensen - electrician, recently graduated from Elsie High School. She was active in the Spanish Club and will attend San Jacinto Jr. College.**

phases of the Competition will be handled by the National Merit Scholarship Corporation (NMSC).

Those eligible to compete are sons and daughters of regular full-time employees and retired or deceased employees of Shell Oil Company, Shell Western E&P, Inc., Shell Mining Company, Shell Offshore Inc., Shell Pipe Line Corporation, Pecten Middle East Services Company, Pecten Chemicals, Inc., Pecten International Company and Scallop Corporation.

Students who wish to compete must submit completed 1989 Entry Forms by November 2, 1987, to Scholarship Competition, Shell Companies Foundation, Incorporated, Two Shell Plaza, P.O. Box 2099, Houston, Texas 77252. Additionally, they must take the Preliminary Scholastic Aptitude Test/National Merit Scholarship Qualifying Test (PSAT/NMSQT) which will be given in high schools on October 17 or October 20, 1987.

Descriptive booklets covering the program and 1989 Entry Forms may be obtained from your Employee Relations representative or from the Shell Companies Foundation, Incorporated, Two Shell Plaza, P. O. Box 2099, Houston, Texas, 77252 (241-3079).



**LITTLE LEAGUE SUPPORT...BOB BENSON (left) and RICHARD CORBITT recently accepted major and minor Little League baseball caps on behalf of DPMC for the Complex's support of Deer Park's Little League organization. Bob, a Tank Farm operator, is manager of the Cardinals, a major league team, and Richard, an East Maintenance foreman, is a member of the city's Little League board of directors.**

## Medical department offers physical therapy

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back is best. When sitting, keep your lower back "hollowed in." Avoid slouching in a chair when you are tired. If you are that tired, lie down. On long car trips, use a cushion to support the small of the back.

• Sleeping — A good mattress that does not sag helps keep your spine supported while you sleep. A single, relatively flat pillow under the head will help accomplish this. Lying on your side usually is the best sleeping position.

Finally, overweight people place added stress on their backs. Losing weight not only will ease this but will make the person healthier in general.

DPMC Medical department's Dr. Robert Hughes, who specializes in treating back disorders, says that back problems are not always what

they appear to be. "Kidney, stomach or blood vessel disorders also can demonstrate symptoms that may be mistaken for back problems. So a person should receive a thorough medical examination to identify the real cause."

For those DPMC employees who injure their backs and require therapy treatment, the Medical department operates a back clinic. Physical Therapist Gina Gonzales runs the clinic.

"People who have incurred a back injury and are referred to me by Drs. Kern and Hughes are set up on a program to help take care of their problem," Gina explains. "There are several types of treatments that we use and all the necessary equipment is here." A ten-minute video tape explaining how to take care of a back

problem recently was made by the Medical department.

For those who are interested in learning more about back disorders and prevention, Medical department staff are available to answer questions. Free information pamphlets also are on hand in the department.

"A back disorder is one of most devastating injuries an individual can have," Dr. Kern points out. "It can make a person incapacitated on and off the job, and it takes longer to recover from a back injury than any other type of common injury."

He continues, "Most people don't think about their backs until the pain starts and the damage is already done. In most cases this can be avoided by being aware of your posture and lifting habits, and by exercising regularly."

# Do-it-yourself could mean car troubles

## Shell Motorist Club offers preventive maintenance tips

The do-it-yourself trend of pumping your own gasoline helps save time and money, but it could result in maintenance problems.

Today, nearly 75 percent of all drivers pump their own gasoline, and as a result, many motorists fail to check under the hoods of their cars.

The Shell Motorist Club offers drivers some advice.

Drivers should make it a habit to check their cars' systems regularly. By spending a few minutes troubleshooting, drivers can prevent minor problems from becoming major ones.

Preventive maintenance can save money on repairs, improve safety and gasoline mileage, reduce breakdowns, give your car longer life, and increase your car's resale value.

Here are some simple checks any driver can perform while filling up at the pump:

**OIL** — Check your oil. The dipstick reading should be between ADD and FULL. Most service manuals recommend having your oil changed every 6,000 miles if you drive an average of 12,000 miles a year. Remember to replace the oil filter when you change the oil.

### Put your car through this checklist

- 1. Dashboard warning lights.
- 2. Horn.
- 3. Windshield washers and wipers.
- 4. Parking brake.
- 5. Brakes. Does pedal go more than halfway to floor? Is it spongy? Does it continue to sink under pressure?
- 6. All outside lights.
- 7. Motor oil level.
- 8. Windshield washer fluid.
- 9. Power steering fluid level.
- 10. Belt condition and tension.
- 11. Battery fluid level.
- 12. Battery cable condition.
- 13. Coolant level in radiator.
- 14. Radiator and heater hoses.
- 15. Tire pressure.
- 16. Tire wear. (Are wear indicators showing? Is wear uneven?)
- 17. Shock absorber action.
- 18. Stains from leaking fluids.

**OTHER FLUIDS** — Check levels of antifreeze, master cylinder and transmission fluids once a month.

**FAN BELTS** — Inspect all belts for fraying and cracks at least every 1,000 miles. Check for good tension by pressing down on the middle of each belt. A properly adjusted belt shouldn't give more than about half an inch.

**BATTERY** — Check the condition of your battery and cables about every 3,000 miles. Look for corrosion on battery terminals. This light-colored buildup should be scraped off. Loose or frayed cables should be replaced.

**RADIATOR** — Don't remove the radiator cap unless your engine is cold. The fluid level should be an inch below the bottom of the filler neck. If your car has a coolant overflow tank, you can check the level without removing the radiator cap. There are different levels for hot and cold engines. Be sure to check top and bottom of radiator hoses for cracks, bulges, and leaks at connections. A general guideline is to flush your radiator every 12,000 miles.

**TIRES** — Check your tires for pressure and wear. Keep tires inflated at proper levels. Even a tire that's only 25 percent low — hardly enough to

see — can lose up to one-fifth of its road life. Tread wear is an indicator that wheels are out of balance, tires are over or underinflated, or wheels are misaligned.

Before you pull away from the station, here are a couple of other checks that can be made from the driver's seat.

- Be sure your warning lights work. They all should light up when the engine is cranking and the parking brake is on. Common warning lights include alternator, brakes, temperature and oil pressure.

- Tap your horn to make sure it works.

- Check your windshield washer and make sure washers spray correctly. Check your wiper blades at the same time. Wiper blades are inexpensive and easy to replace.

The Shell Motorist Club offers a host of services to its members, including reimbursable towing and road service calls, trip routing, and credit card protection.

The Shell Motorist Club is an independent, fee-supported automobile club open to all drivers. Annual dues are \$39 and cover both member and spouse in personally owned vehicles of at least four wheels.

For information, write: The Shell Motorist Club, P.O. Box 2463, Houston, TX 77001. Phone number is 1-800-621-8663.



A QUALITY LUNCH...Participants of Chemical's Quality training take time for lunch before heading back to the classroom. More than 520 employees have attended the training so far.

# Milestones

## Service Anniversaries

### 35 YEARS

**J. C. HART**  
Environmental Conservation

**M. B. MILBURN**  
PC/PE-PE/West/North

**S. MONTOYA**  
Pipefitter No. 1

### 30 YEARS

**W. L. NEAL, JR.**  
Industrial Hygiene

### 25 YEARS

**J. B. ANDERS, JR.**  
Process Engineering-LPA

### 15 YEARS

**J. A. JOHNSTON**  
Quality Assurance -  
North Lab

### 10 YEARS

**W. M. BOAZE**  
Chemical Operations/N-OIS

**F. C. BRIZA**  
Pipefitter No. 1

**B. J. CREAMER**  
Machinist No. 1

**K. DONAHUE**  
Utilities

**R. D. FLETCHER**  
Distilling/  
Solvents & Treating

**L. B. FOWLER**  
Machinist No. 1

**R. L. FULTON**  
Utilities

**C. L. GANDY**  
Aromatics

**B. R. GOODE, JR.**  
Docks

**F. D. HOPKINS**  
Distilling/  
Solvents & Treating

**T. J. INGRAM**  
Tinner No. 1

**C. H. KEPPER**  
Boilermaker No. 1

**W. P. LOGAN**  
Instrument Man No. 1

**K. A. LOVE**  
Automotive

**N. T. MCCULLEY**  
Boilermaker No. 1

**D. R. PEHL**  
Machinist No. 1

**J. R. RAMOS, JR.**  
Chemical Operations-V/OIS

**W. L. REED**  
Central Maintenance

**L. G. ROGERS**  
Machinist No. 1

**R. A. SORENSEN, JR.**  
Docks

**W. R. SMITH**  
Pipefitter No. 1

**W. D. TESCHENDORF**  
Boilermaker No. 1

**J. TRISTAN**  
Machinist No. 1

**W. J. TUCKER, JR.**  
BA/SR

**N. O. WINDUS**  
Dispatching Tank Farm

## Retirements

**R. D. ABLES**  
Disp. Opns.  
38 Years

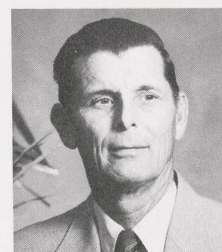
**C. G. ANDERSON**  
Docks  
35 Years

**J. D. BERRIDGE**  
Central Maintenance  
33 Years

**B. O. BISHOP**  
Eng. Svcs.  
39 Years

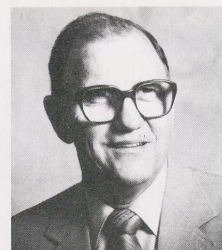


**F. R. CARLISLE**  
Chemical Operations  
32 Years

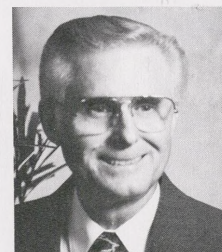


**J. D. COKER**  
West Maintenance  
37 Years

**W. M. FOWLER**  
Engr. Svcs.  
32 Years



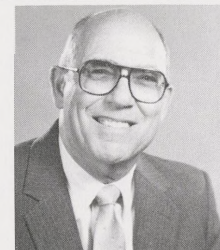
**F. T. FULGHAM**  
Engr. Svcs.  
34 Years



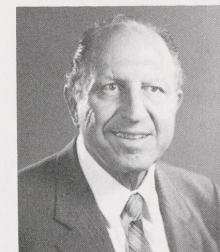
**B. J. GLASSCOCK**  
Financial  
39 Years

**L. E. JACKSON**  
Log. Svcs.  
38 Years

**T. F. JASEK**  
Utilities South  
27 Years



**R. E. KEPLINGER**  
Economics & Scheduling  
35 Years



**V. A. MAGGIO**  
Proc. Engr.  
42 Years



**H. L. MIZE**  
Process Control  
38 Years

**W. C. L. RODGERS, JR.**  
Proc. Engr.  
43 Years

**F. R. WILLIS**  
Env. Opns.  
32 Years

## DPMC Welcomes

**R. J. BALK**  
Log. Svcs.

**S. J. ENGELTJES**  
Log. Svcs.

**R. J. REUTER**  
Proc. Cont.

**R. K. SHAH**  
Proc. Engr.

*'Quality Pays: Save the Buck — Don't Pass It'*

# Copeland wins Quality slogan contest

DPMC's Financial department recently held a "Quality Slogan Sweepstakes." The winning slogan, submitted by Senior Accounting Assistant **DEBBIE COPELAND**, was "Quality Pays: Save the Buck — Don't Pass It."

The winning slogan was selected from among more than 200 entries submitted by the members of the department.

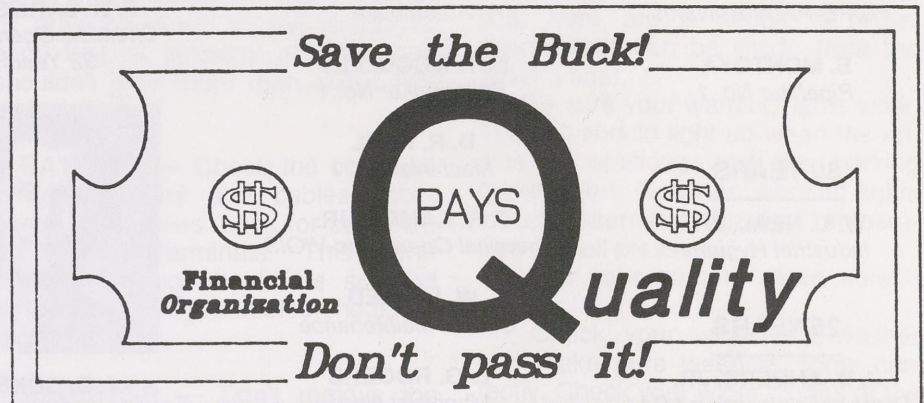
"Financial's Quality Awareness committee felt that the contest would create additional interest in the

Quality Process," says **JIM HARTMAN**, Accounting manager. "The contest helped us promote the idea that Quality Improvement at Shell is not just another program that will go away. It is a process that must be maintained for Shell to remain competitive."

Cups bearing the new Financial Quality slogan will be given to members of the department. "It will cost us some time and money in the short run," says Jim, "but the benefits to all of us, particularly in making our jobs more enjoyable and hassle-free, are guaranteed."



**Debbie Copeland (right)** receives the first coffee cup bearing her winning Quality slogan. Presenting the cup to Debbie is **Jim Hartman**. Jim says cups will be given to all financial employees as a reminder to use the Quality Process whenever possible.



## Occidental to operate 2 units

On July 28, Occidental Chemical Company assumed full responsibility for operations and maintenance of the VCM and HCIN units located at DPMC. Other facilities associated with VCM storage and shipping will continue to be operated and maintained for Occidental by DPMC under an operating agreement until later this year.

Facilities which Occidental purchased from DPMC include the VCM

and HCIN units, VCM-related Site-3 storage and loading, chlorine storage, the VCM tank farm and cooling tower, and the non-active Chlor Alkali unit. DPMC will provide a variety of utilities and services to these facilities.

Appropriate boundaries for the Occidental-owned areas have been agreed upon and will be marked in the near future. Access to these areas by DPMC personnel will be coordinated with Occidental.

## Shellegram

Deer Park Manufacturing Complex

Published monthly by Shell's Deer Park Manufacturing Complex for its employees and pensioners. All inquiries should be addressed to **SHELLEGRAM**, Shell Oil Company, P. O. Box 100, Deer Park, Texas 77536.

**Dillon Scott**  
Editor

BULK RATE  
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