



DPMC operator hopes his drug experiences will mean success for New Freedom

"I remember sitting on the bar with my father in the local tap room when I was four or five years old. He would have a drink, and I would get a shot glass of beer. It was real cute. You don't think there is any harm in it, but there is. That was my training ground."

* * *
Tom Penzi is a Shell employee who lives in Deer Park and works as an operator at OP-III. He is married and has two children. He moved to the Houston area about 11 years ago, searching for a warmer climate and the economic prosperity the Sun Belt offered.

When Penzi began his Shell career, he was riding the giddy roller-coaster of drug addiction. He smoked three to five marijuana joints a day. He popped Valium and barbituates. At one point, he turned to Alcoholics Anonymous for help with his drinking.

"I never really considered that I had a drug problem. I took drugs to make me feel good," he said simply. "I tried to maintain a certain balance, a sense of moderation. After all, I was a family man with a good job."

That balance was shattered a year ago when Penzi became a speed freak, hooked on amphetamines, or "uppers." "The balance was gone," he said. "That's when I realized I had a drug problem. I was sliding emotionally into total depressions, and the drugs were the only help I had to get out of them. There was nothing worthwhile in my life."

Penzi got the help he needed in time. He found

the reassurance and the strength to pull himself out of the bottomless pit he was in. He was one of the lucky ones. Now he wants to help others help themselves.

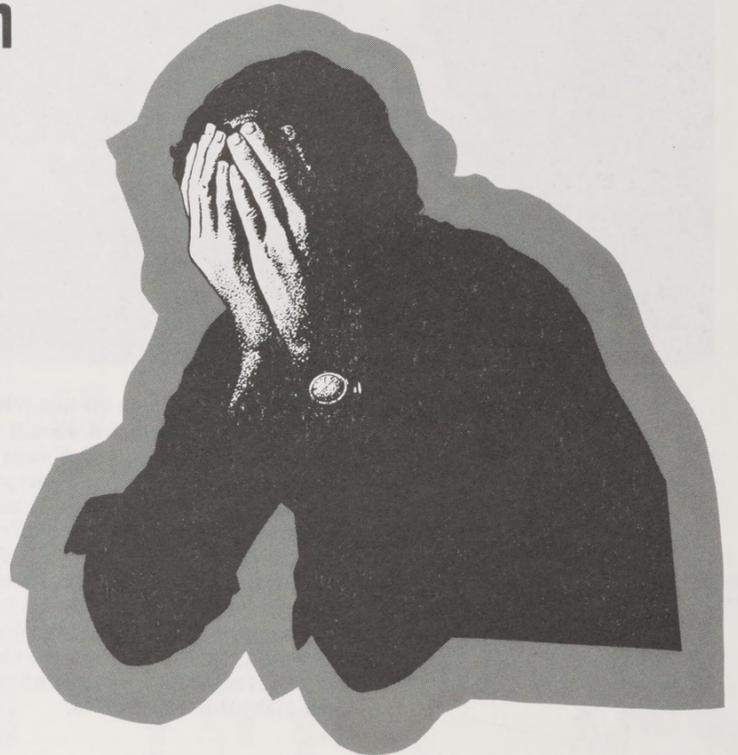
Penzi doesn't apologize for the lost years, but it's clear he wants to blaze a new trail in the future. Along with his wife and a family counselor, he has launched a series of drug seminars, called New Freedom. The seminars will be held in local churches, but Penzi hopes they will expand throughout Texas, and even further.

"We want to help those people involved understand how to handle drug problems, and how to recognize drug abuse," he said. "It's not necessary to feel guilty if there is someone in your family with a drug problem. We want to help people learn how to deal emotionally with these problems."

As a member of the industrial work force, Penzi said he is particularly interested in the problems of drug abuse on the job. "That's one of the main things we're aiming at," he said. In fact, his efforts with New Freedom mirror a new drug education program Shell is now sponsoring for its employees.

Industry not immune to drug abuse

Drug abuse exists in every segment of our society, from school-yards to living rooms. Naturally, our place of work can also be affected. Because of Shell's commitment to a safe and healthy work environment, the company recognized the need for an employee education



program as drugs became more prevalent in our society.

The new program is designed to make Shell employees aware of the dangers of drugs, and the impact drugs can have on themselves, their families and their work. The potential danger of using drugs at work at DPMC is obvious, not only from the standpoint of an individual's personal safety, but the safety of fellow employees, the community, and the company's own equipment.

Shell can't tolerate the abuse of any drug — including prescriptions — on the job. But the company is willing to work closely with any individual who feels he has a drug problem and is looking for help. The first step might be to discuss the situation with your supervisor, who could offer some advice. The DPMC Medical Department is always on call, with physical examinations and referral services if you need them.

Continued on page 4

Goedrich honored as Secretary of the Year

A number of folks around the Complex celebrated National Secretaries Week recently, but for one DPMC secretary, the week drew a special notice.

Irene Goedrich, an administrative secretary in the North Administration Building, was honored as Deer Park's Secretary of the Year. She was presented a plaque and corsage by the Deer Park

Chamber of Commerce, and flowers by her two supervisors, during a surprise party Wednesday, April 21, National Secretary Day.

Last year's winner, Susan Pacifico, secretary for the Glenn Tolar Co. of Deer Park, congratulated Goedrich during the short ceremony. After having met the qualifications for the award, Goedrich was

selected from a field of eight candidates for the 1982 award.

Goedrich helps keep two Shell supervisors straight, Health and Safety Superintendent Rick Erickson and Community Relations Manager Bill Gibson. She has worked for Shell for 22 years, all at Deer Park.

When she realized she won the award, Goedrich may have felt like she pulled a page from her past. Twenty-five years ago she won the Deer Park High School Business Award as the most outstanding business courses student.

Goedrich's daughter, Laura, followed in her mother's footsteps last year when she won the same award.

"It's hard to say how I felt," said Goedrich, a 1957 graduate of Deer Park High School. "It was the highlight of my Shell career."

Erickson and Gibson nominated her for the award several months ago. The letter they sent to the Deer Park Chamber of Commerce said she possessed "the highest skills of planning, organizing, interpersonal relations, the ability to handle diverse situations and, of course, basic office skills."



Irene Goedrich recently was honored as Deer Park's Secretary of the Year for 1982. Above, she is flanked by her two bosses, Rick Erickson, left, and Bill Gibson, right.

Safety poster contest kicks off at DPMC

The 1983 DPMC safety calendar poster contest is underway. The contest is not only a good way to promote safety awareness among our children, but it's also a chance for budding young artists to express their creativity.

The contest is open to all children and grandchildren of DPMC employees. There will be four age groups: six and under, seven to 10, 11 to 13, and 14 to 17 years old. The 12 grand prize winners will each receive a \$100 savings bond, while those earning an honorable mention will receive a \$50 savings bond.

This year's theme is "Safety For All Sizes and All Seasons." Kids can base their posters on safety hazards and safety prevention measures which occur during the four seasons of the year. A poster for each season is welcome, but each contestant can win only one prize.

Posters should be submitted to the North and South Safety Departments by June 30, 1982.

An insert with more details on the safety poster contest has been folded inside this issue of the Shellegram. You can also look for a letter discussing the contest which will be mailed to you next week.

Lifesaver used the technique she learned the hard way

Four years ago, Lisa Adrian nearly choked to death while she was eating lunch. Fortunately, a man passed her office and saved her life by using the Heimlich Maneuver — a sharp upward squeeze below the breastbone which forced the food out of her throat.

The same thing happened recently, but this time it was Lisa's turn to save a life.

On April 15 she was having lunch in the North Administration Building with several friends. One of them was Marilyn King, who was temporarily working in their office.

"I was eating and suddenly I heard Marilyn begin coughing," said Lisa, a clerk II in Purchasing.

When the coughing continued, Lisa walked around the corner of the office to Marilyn's desk. "She was leaning over the garbage can gagging. Her face was turning blue," Lisa said.

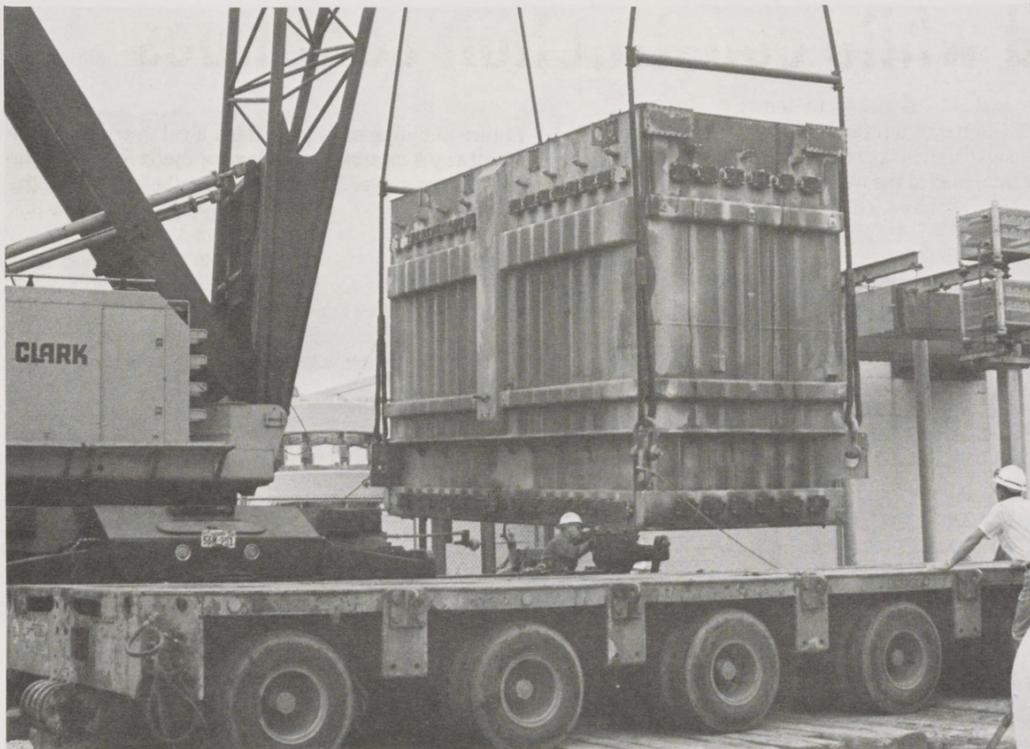
She quickly stepped behind Marilyn, locked her arms across the base of her ribs, and squeezed tightly. The sudden pressure unlodged the food caught in Marilyn's throat.

"If you perform the Heimlich Maneuver wrong, you can crack a person's ribs," Lisa explained. "But it's real easy to learn. The man who saved me from choking showed me how to do it. I did feel real good that I knew how to help somebody," she said.

Heimlich Maneuver training is part of the orientation program offered to new employees by the Medical Department, and also is included in cardiopulmonary resuscitation classes conducted at the Complex. If you'd like more information about the Heimlich Maneuver, call the Medical Department at 6932.



Lisa Adrian



170-ton transformer gets a big lift

It took brute strength to lift this 170-ton transformer, but each action was carefully orchestrated when it was moved recently at the Complex. The transformer, which steps down the voltage of electricity, needed repairs, but the manufacturer did not have the facilities to work on it in Houston. Instead, it had to be shipped to Indiana. First, the transformer was stripped until it was nothing more than an iron box with coils in it. Timber mats were laid in the area to support the 300-ton crane called for the job. The crane lifted the transformer onto a heavy-duty trailer which rolled it to the railroad spur, where it was lifted again onto a rail car. The job required two days of preparation for the lifts, each of which lasted about 20 minutes. The transformer will be out about nine months and the total cost of the job will range from \$700,000 to \$1.5 million.

Shell News



Earl Dunn lauded by Deer Park City Council

Earl Dunn, a DPMC retiree, was honored last month by the Deer Park City Council when he retired from public office. He had served on the City Council for 21 years. He served as mayor three times.

Dunn, a Refinery operator who retired in 1963, was presented a plaque by Deer Park Mayor Jimmy Burke, who also works at the Complex, and was praised by his fellow councilmen. He also received a proclamation declaring April 13 Earl Dunn Day in Deer Park.

"Deer Park has been good to me, and the citizens here have been good to me," he said. "I've enjoyed it all."

Shell manual cited by AAPG

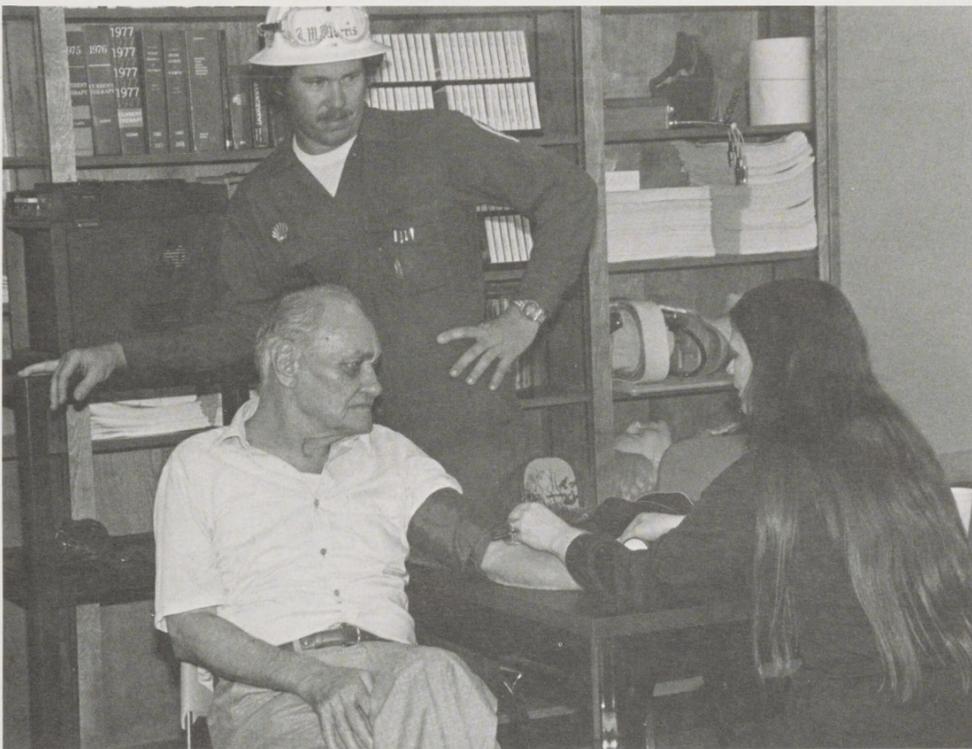
The American Association of Petroleum Geologists (AAPG) awarded Shell Oil the first prize of its kind for its geological sample examination manual which details standard techniques in the industry.

The sample examination manual furnishes geologists with convenient reference data on standard logging procedures and includes descriptions of the necessary equipment for good sample examination and procedures for sample testing. It has been purchased in large quantities by oil companies and universities in addition to the individual sales.

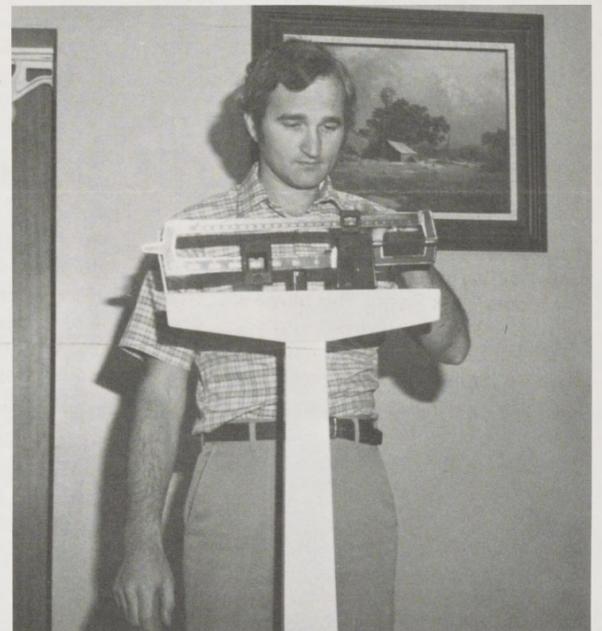
"The manual is the fastest selling book we've ever offered," said Ron Hart, the project manager in charge of AAPG book publishing. "More than 5,000 copies were sold in the first six months it was available, which is very good in scientific publishing. It shows that there's a big audience that needs this information."

Roger Swanson, Shell senior staff geologist, is the one of the book's main authors. He developed the unofficial "bible" on sample examination at Shell's Exploration and Production Training Center.

Health Awareness Week hailed a success in Houston, DPMC



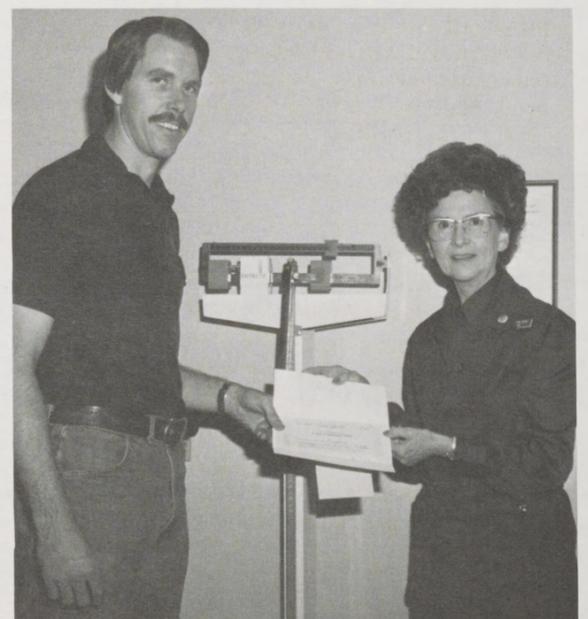
Wayne Morris, Safety South, looks on while Denise Bach checks his father's blood pressure. Mr. Morris worked in Aromatics West before he retired in 1969. Both of them took advantage of the free blood pressure testing offered throughout the week.



Tom Coleman, a supervisor in Financial, took second place in the Weight Loss Contest. By losing 18.3 percent of his original body weight (or 35 pounds) he won a \$200 Sakowitz gift certificate. Tom Fonseca, Security gateman, who was unavailable for pictures, won the contest by losing 18.6 percent of his original weight, earning him a \$300 Sakowitz certificate and Astro baseball tickets.



The DPMC cafeterias listed the caloric and sodium content of the foods served during Health Awareness Week. The Dieter's Delight was a special lunch, but it will remain on the menu.



Bill Entrekin, South Machine Shop, receives his \$100 Sakowitz gift certificate from DPMC nurse Elizabeth James for his third-place finish. Entrekin lost 17.8 percent of his original weight (35 and one-half pounds) during the seven-week contest. In all, 335 people lost 1,034 pounds.

There's a long road ahead while construction continues

On May 6, the lofty new bridge spanning the Ship Channel near DPMC will open. The bridge will save many commuters time and aggravation, but it also will increase traffic at the busy intersection of Highway 225 and Beltway 8 while construction on the road continues.

Until the freeway system is complete, traffic conditions along Shell's principal access road from the west will remain poor. Construction is slated to continue through 1983, so there's no speedy relief on the horizon.

When construction finishes, the freeway will stretch from Red Bluff Road to the Dock Road overpass, in-

cluding access and egress roads to the new channel bridge at the 225-Beltway 8 intersection.

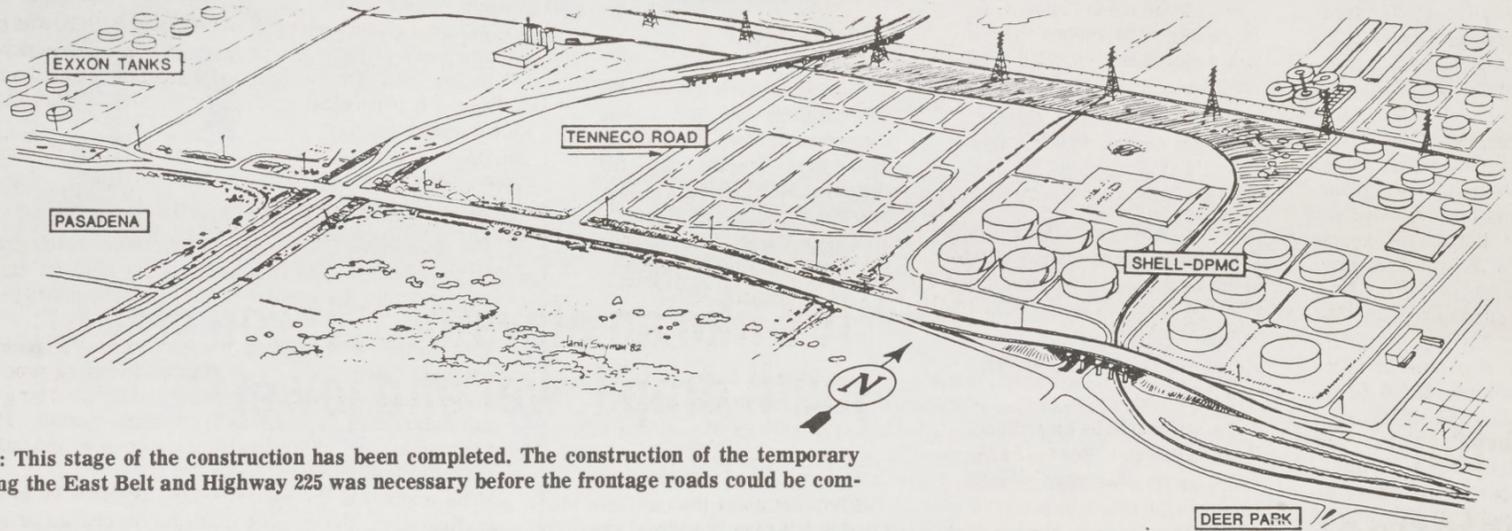
The highway construction is progressing in stages. To keep you better informed of the work in progress, we can examine each phase of the construction in the diagrams below.

The construction of the connectors of the new bridge to Interstate 10 has been delayed by the acquisition of right-of-way property and the construction improvements underway on the main highway. Until this work is completed, it will be necessary to use temporary and frontage roads when travelling on the north side of

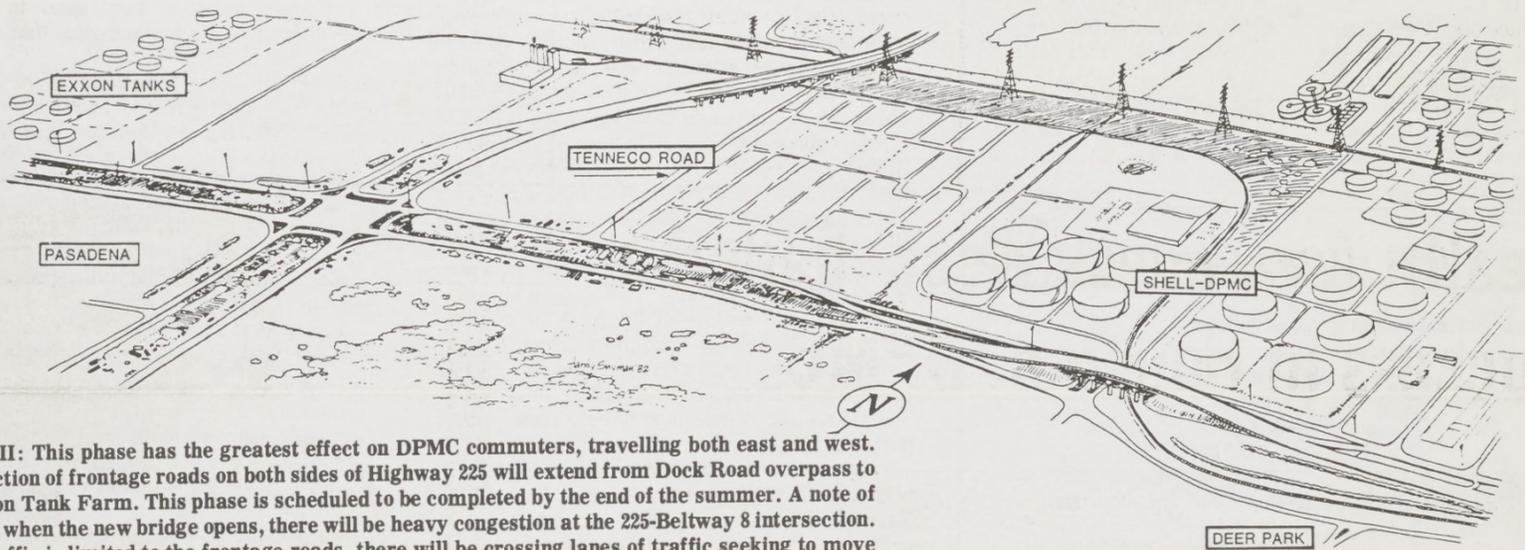
the bridge.

Future planning calls for a third level overpass at the 225-Beltway 8 intersection, allowing motorists using the bridge to pass over 225 and reduce the traffic at the ground level. Tentative plans also call for the completion of 225 eastbound from the Dock Road overpass toward LaPorte, but no construction has been scheduled.

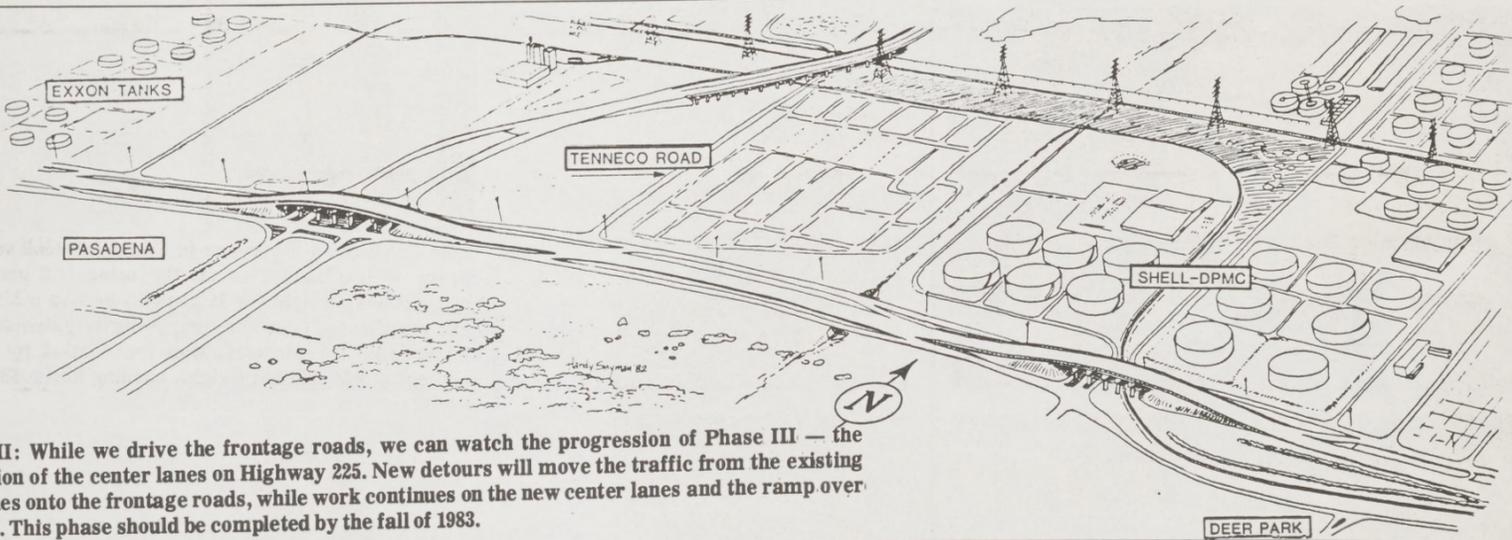
Progress can be hard to cope with, but it will mean benefits for all of us. During the construction, you should use extra caution, and have some patience. The inconveniences are temporary, but the improvements will be permanent.



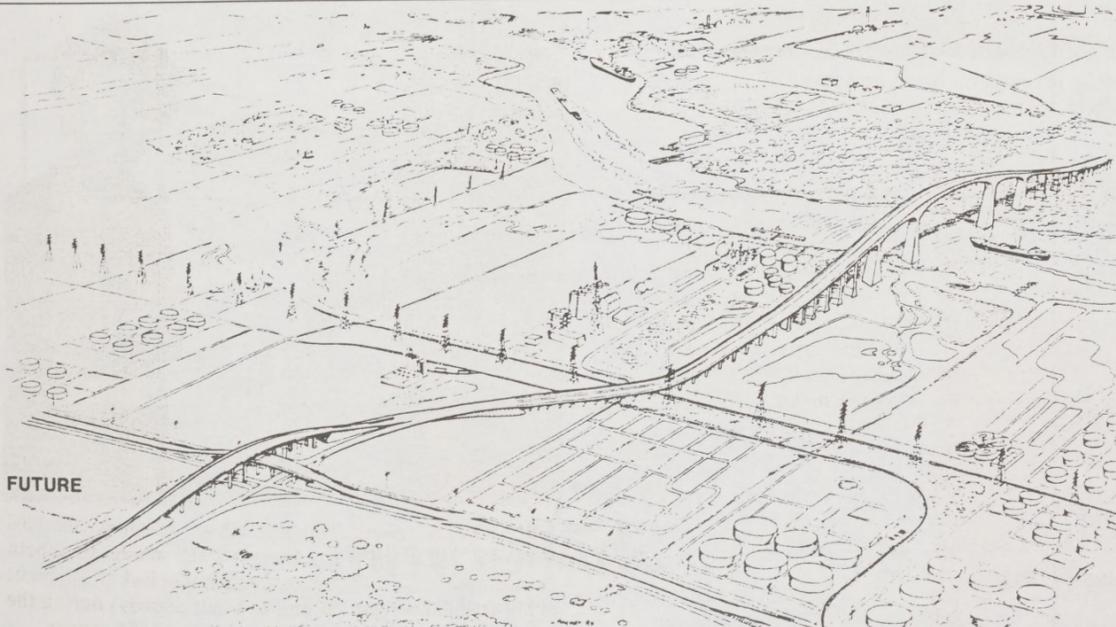
PHASE I: This stage of the construction has been completed. The construction of the temporary roads along the East Belt and Highway 225 was necessary before the frontage roads could be completed.



PHASE II: This phase has the greatest effect on DPMC commuters, travelling both east and west. Construction of frontage roads on both sides of Highway 225 will extend from Dock Road overpass to the Exxon Tank Farm. This phase is scheduled to be completed by the end of the summer. A note of caution: when the new bridge opens, there will be heavy congestion at the 225-Beltway 8 intersection. While traffic is limited to the frontage roads, there will be crossing lanes of traffic seeking to move from the highway to the bridge entrance ramp while others try to turn at the Beltway.



PHASE III: While we drive the frontage roads, we can watch the progression of Phase III — the construction of the center lanes on Highway 225. New detours will move the traffic from the existing center lanes onto the frontage roads, while work continues on the new center lanes and the ramp over Beltway 8. This phase should be completed by the fall of 1983.



PHASE IV: What can we look for in the future? The most striking feature of the highway plans calls for a tri-level overpass at the 225-Beltway 8 intersection. This will allow northbound and southbound traffic to pass over 225, and reduce traffic congestion at ground level. Further refinements of the roadway are also planned, including the completion of Highway 225 eastbound to La Porte.

Illustrations by Hardy Snyman

Classifieds

FOR SALE

1980 Toyota Celica Liftback. Five-speed, air conditioning, tilt steering wheel, AM-FM cassette. Sun roof, mag wheels. Low mileage — like new. \$6,875. Call 686-1212 after 5 p.m.

1979 Datsun 510. 31 miles per gallon highway, 26 miles per gallon city. Loaded. \$4,700. Call 487-0942.

1981 Chevrolet half-ton pickup. Six cylinder, standard transmission, AM-FM cassette. Air conditioning, power steering and brakes, short wheel base. \$8,000. Call 480-7411 after 5 p.m.

1974 Chevrolet truck. Five new tires, complete new front end, transmission one year old. Runs great but needs some body work. \$1,200. Call 487-4820 or 449-3273.

14 horse garden tractor. 48-inch mower, three-point hitch, all garden attachments. Excellent condition. \$3,200 firm. Call 487-4820 or 449-3273.

1979 Yamaha XS 1100 Special. Mini-windshield, mini-engine guards, backrests, luggage rack. 21,000 miles. Runs extremely well. \$2,500. Call 947-1212.

1979 Honda XL 100S. 3,250 miles. \$550. 12-foot aluminum boat and trailer. Six horse motor. \$450. Call 472-4553.

370 rear end for Ford half-ton pickup. \$60. Call 477-4862 after 4:30 p.m.

Two Kelly F60 bias ply tires. 8,000 miles on each. \$10 each. Call 280-9725.

G.E. radio, tape, record player combination. Maple cabinet 19x51x29. Needs minor circuitry work. \$300. Call 488-7685.

Beautiful peach-colored Gunne Sax full-length dress. Brand new — size 3. Perfect for prom. \$50. Call 487-2498 after 4:30 p.m.

Solid walnut executive desk. 78 inches x 36 inches. Three years old. Must sell. \$400. Call 280-9725.

1980 Oldsmobile Cutlass Supreme Coupe. 18,000 miles. Excellent condition. \$6,300. Call 497-7315 after 6 p.m.

1976 Mercury Marquis Brougham. Fully loaded with Michelin tires. \$2,500 firm. Call 422-9459 after 6 p.m.

Four steel-belted radial tires P195-75RX14. \$50. Call 480-4218 evenings.

House for sale by owner. 3301 Parkdale in Deer Park. Equity, low interest. Call 479-5582.

Lot in Newport subdivision. Situated with neighbor on one side only. Near swimming pool and picnic area. Call 328-1625.

Owner-membership in Marina Village Camping Club at Westwood Shores on Lake Livingston. Family fun. Call 339-1700.

WANTED

1979 or 1980 four wheel drive Subaru. Call 472-4553.

FOUND

Bowling ball found in Refinery parking lot. Claim in person at Shellegram office, North Cafeteria.

Heathkit Semiconductor Learning Program. Prescription glasses in cases. Claim in person at Shellegram office, North Cafeteria.

PERSONAL

Thanks to each of you for your friendships and happy memories I have of working with you. Thanks for the retirement fund. My retirement home is Route 3, Thornton, Texas, 76687; phone 529-3723. Come to see me.

"It's like an elevator ... if you stay on, you'll drop lower and lower"

Continued from page 1

DPMC Medical Director Dave Miller said "It's important to realize drug abuse is a medical problem that, like alcoholism, can be treated and cured. People often use drugs without really knowing what they put in their bodies," he said. "Drug abuse is an issue with a lot of misinformation."

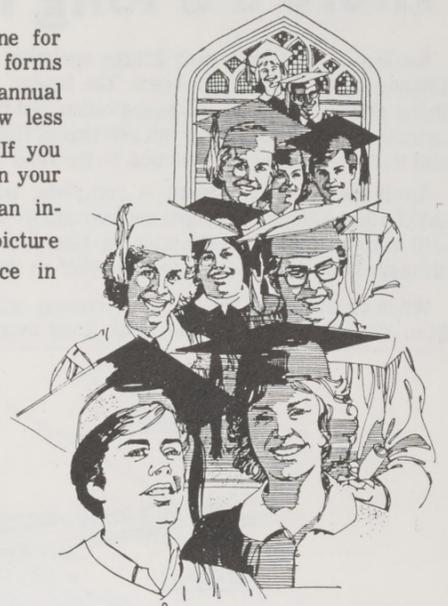
A series of workshops focusing on the problems of drug abuse began last month. A number of DPMC participants listened to several guest speakers, and discussed how to help employees with a drug problem. They also watched a new slide-tape presentation on drugs specially produced for Shell by the University of Texas School of Public Health.

An important feature of the program is counseling for employees who may have a drug problem. Like Penzi's New Freedom, Shell's counseling will focus on recognizing drug abuse, and instructing people how to help those with a problem.

Penzi hopes his own ideas and experiences will help make New Freedom a success. After all, he learned the hard way. "That's the importance of having someone who knows what it's like to sit down and help you with your problem," he said.

Grad issue deadline coming up

The June 4th deadline for submitting information forms and photographs for the annual Graduate's issue is now less than one month away. If you would like a graduate in your family honored, send an information form and a picture to the Shellegram office in the North Cafeteria. Forms can be sent through company mail or dropped in a special box in the Shellegram office. The mailing address is P.O. Box 100, Deer Park, Texas, 77536. Material submitted after June 4th will not be accepted.



"It's like an elevator," he said. "You get off where you want to get off, but if you stay on you'll drop lower and lower."

Drugs shattered his "sense of balance"

Penzi's problems were as much mental as physical. "I always thought there was some concept missing. I said to myself 'there's no way you can ever be successful at anything.' When I applied myself I got excellent results, but it tore me up," he said. "I had a great personality, I was a funny guy, but I was eating myself up inside."

After several nervous breakdowns, after endless hours in the shifting, lightless world of drugs, he got help through a Houston drug outreach program. He realized he was a special person, and that he could glean the positive from any situation without worrying about the negative.

"I'm not going to conquer the world today, but I feel good about myself now," he said recently. "I have nothing to fear. Once you have your self-esteem, you don't feel threatened by anything."

New Freedom will hold its first seminar on May 10 at 7 p.m. at St. Hyacinth's Church in Deer Park. Although Penzi will not speak, several former drug abusers will relate their own experiences. The public is invited.



Provident Fund

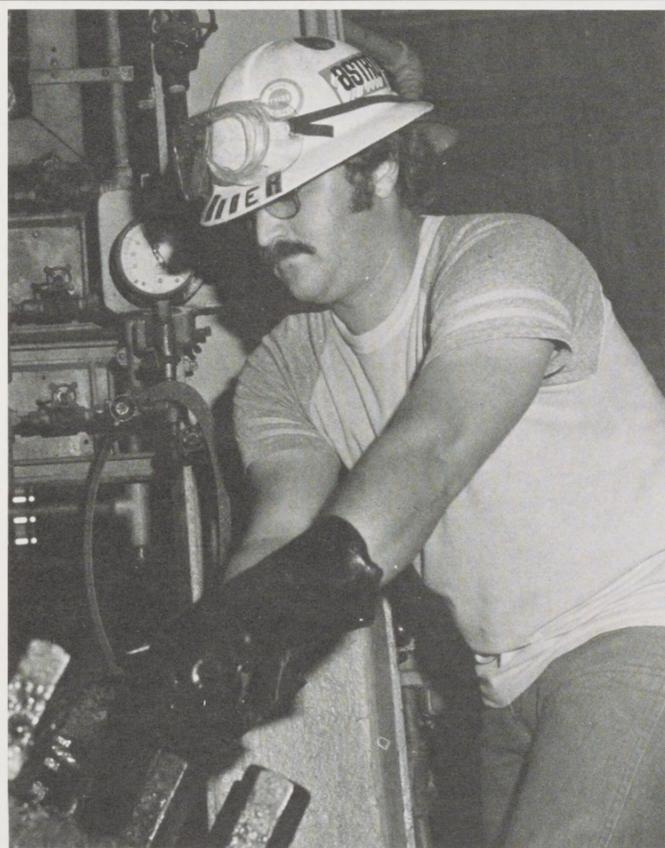


The Provident Fund valuation is as follows:

Equities Fund
Mar. 15 - \$3.639
Shell Stock Fund
Mar. 1-15 - \$29.713

The Shell Employee Stock Ownership Fund valuation is:

Mar. 1-15 - \$29.208



R. D. Luther

The Shellegram is published each week for the purpose of informing and recognizing pensioners and employees like R. D. Luther, an operator in Specialties Resins. R. D. has worked at the Complex since July of 1977.

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