

# Shellegram

Deer Park Manufacturing Complex

Thursday, January 15, 1976

Vol. 41, No. 3

## ONLY FOUR MINUTES TO LIVE, UNLESS....

Only four minutes to live. Four minutes is all the time available to clear the throat of a choking victim.

In the U.S. alone some 3,900 healthy individuals die each year due to choking on food particles.

Yet a simple maneuver reported by Henry J. Heimlich, M.D. in the June 1974 "Emergency Medicine" has proven capable of saving choking victims when applied during the first three-four minutes. The maneuver known as the Heimlich Maneuver or "hug of life" doesn't require any specialized instruments, and it can be performed by any informed layman.

This is the method that Engineering Field foreman Perry S. Wells applied to C.B. Nolan, Aromatics-West foreman, last July when

C.B. choked on a piece of shish kebab at a supervisory workshop dinner. This incident was reported in the August 14, 1975, SHELLEGRAM

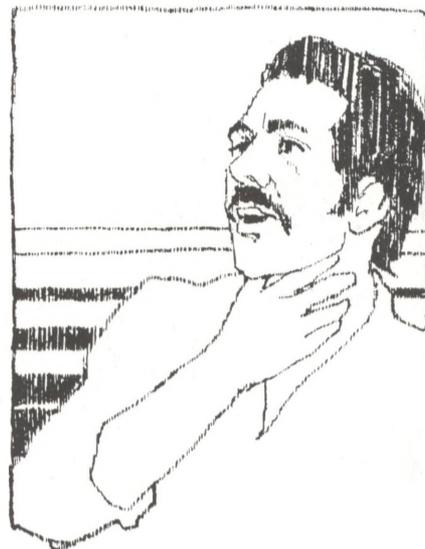
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*The signal for "I am choking" is to put your hand to your throat.*

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Since that time Perry has received information from Dr. Heimlich giving more details on the "hug of life." As of October 1975, 162 lives were reported saved due to the Heimlich Maneuver.

Signs to look for in a choking victim are: inability to speak, turning blue and then collapsing. Death is imminent (only four minutes away) unless the "hug of life" is applied or an



emergency tracheotomy is performed.

The Heimlich Maneuver can be applied to the victim in a standing or reclining position.

If standing, get behind the victim and wrap your  
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## BALLMAN CONGRATULATES REFY.

Refinery personnel achieved the one million manhour mark without a disabling injury in December, as previously announced. The following congratulatory telegram has been received from Ed Ballman, general manager, Chemical Plants and Refineries.

"Congratulations to all refinery personnel for completing one million manhours of operation on December 16, 1975, without a disabling injury. This achievement is obviously the result of a total effort on the part of each employee. Best wishes for continued success."

The \$10 gift certificate individual awards in recognition of this safe work achievement have been ordered, according to John Rivard, manager, Safety and Industrial Hygiene, and will be mailed directly to employees' residences in the near future.

## SESSION 65 TRAINING PROGRAM COMPLETED



Session 65 of the Operators Fundamentals program was recently completed with the following participants:

Kneeling: Ernest Richardson, Joey Sanchez, Richard Barraza, Karl Hudson and instructor Babe Curtiss.

Row 2: Shawn Nevel, Paula Berry, Linda Daniel, Liz Latham, Yvonne Myers and instructor Pete Fletcher.

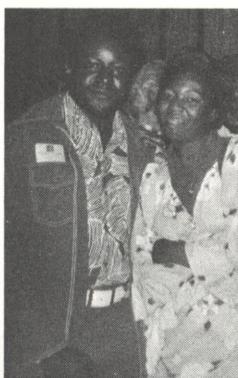
Row 3: J. F. Holmes, D. Scott, Sam James, Glenn Dyess, Dave Baker, J. G. Easter and instructor Augie Augustine.

**SAFETY PARTIES HELD FOR DPMC EMPLOYEES**

**EA/BA**

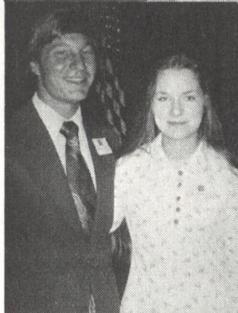
*Jimmy and Georgetta arrive at the safety party.*

*R. L. and Billie Fife join with Diann Meriweather for a quick picture.*



*Just one of the young couples present were Robert and Becky Kyle (on far left).*

*Marlyn and Larry Russell, Candy Beaverge and Eddie Smaistrila join Herbert and Mary Helen Brauchle before dinner is served.*



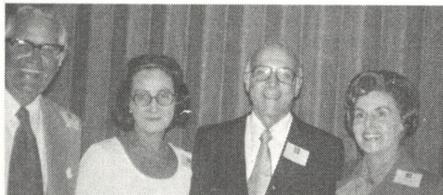
**Environmental**

*Johnny and John H. Milson had a nice time.*

*H. J. Smith and Gary Dillard exchange a few words, while Tenolia Smith and Lynn Fruitiger do the same.*



**Engineering Services**



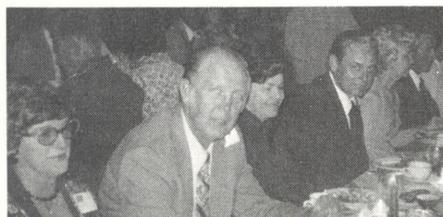
*Guests included John Balffoort, Camella and Joe Tesoro, and Corinne Balffoort at the Engineering Services' safety party.*

*Bob Mattern (below left) gets together with Kathy and Gary Hart, while Jo Ann Ballard looks on.*

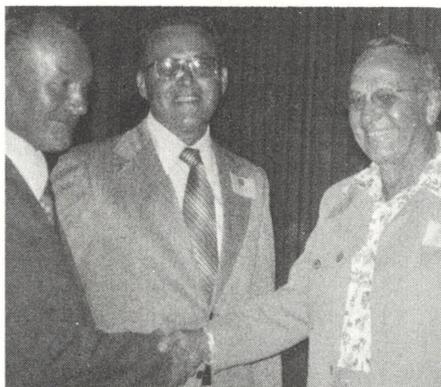
*Marie and Wyman Davis enjoy seeing retiree J. H. Hanks.*



*Jane Dickerson presents retiree Myron Gable with a surprise birthday cake at the safety party, while Myron's wife, Kathryn, and Dan Wiggins look on.*



*Enjoying the food are Marie and Joe Baumbach, Dorothy and Maurice Bear, Frances and Howard Wilborn.*



*Old friends, John Wismoski, Art Janszen and John Schroeder, gathered for a pleasant visit.*

**JOE MARTINEZ COACHES GIRLS' SOFTBALL TEAM**

Last Friday was a big day in draftsman Joe Martinez's life. That was the day of the Unicorns Benefit Dance at Sylvan Beach Pavillion in La Porte.

The Unicorns is a softball team for girls under 15, and Joe is their coach. A proud coach, one might say as they listen to him tell how the  
(Continued on page 4)

**IT'S A RAT; IT'S A BEAVER; IT'S A "SUPER RAT"**

Shipping operators Jimmy Kennedy and Mike Mulcare have a pet. That in itself isn't anything special, even though their pet does make its home within the complex.

What is a bit unusual, however, is the type of pet they have. It is a nutria.

What is a nutria? It is a large beaverlike rodent (Myocastor) normally found from Brazil and Argentina to Chile.

According to Jimmy, nutria

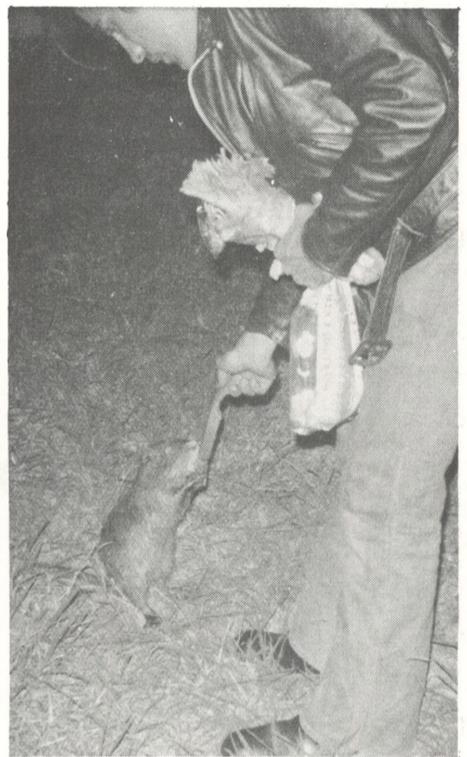
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*Jimmy feeds celery to "Super Rat" and one of her youngins near the culvert where the nutria make their home. Note how they sit up and eat like a squirrel.*

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bread, carrots and celery, a nutria will generally eat anything, such as banana peelings, orange rinds, etc.

There are people who eat nutria, and Jimmy thinks he could eat one - provided he didn't have to skin it. For some reason that rat-like tail bothers him.



were introduced in the Louisiana area to help control vegetation growth in the waterways. The nutria found the rice fields more to their liking, and now Louisiana is trying to eliminate them. In the meantime, they've reached Texas and can be found in the ship channel area.

Jimmy named the nutria "Super Rate." She has produced two litters over the past two years: five in the first and two in the second batch.

Coming unexpectedly upon one of these beaverlike rodents can be a frightening experience as they are the size of a large house cat (30 pounds), have big reddish-yellow teeth similar to a beaver's, tail like a rat and they will sit up and eat like a squirrel.

Jimmy and Mike feed Super Rat near her culvert home by the construction gate adjacent to Site 3. They like to tell the story about how a guard named Jimmy James got nutria to come into the guard house where he would feed them. The best time to see a nutria or get them to come out of hiding is after dusk. Jimmy says you call them just as you would a dog. When they do come out, he feeds them out of his hand. Although partial to

**Only four minutes to live, unless....**

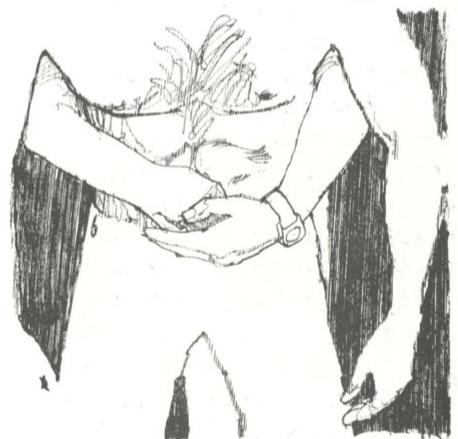
arms around his waist. Grasp your fist with your other hand and place the fist against the victim's abdomen, slightly above the navel and below the rib cage. Press your fist into the victim's abdomen with a QUICK UPWARD THRUST. Repeat several times if necessary. When the victim is sitting, the rescuer stands behind

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*To apply the Heimlich Maneuver, stand behind the choking victim and press your fist into the victim's abdomen with a QUICK UPWARD THRUST. This technique may also be applied while the victim is in a reclining position.*

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one of your hands on top of the other, place the heel of your bottom hand on the abdomen slightly above the navel and below the rib cage. Press into the victim's abdomen with a QUICK UPWARD THRUST. Repeat sev-



the victim's chair and performs the maneuver in the same manner.

If the victim is lying on his back, kneel astride his hips facing his head. With

eral times if necessary. After the victim's throat has been cleared, see a doctor as it is possible that other injury has occurred; however, without the throat being cleared, the choking victim will die.

The Heimlich Maneuver is being taught by the Medical Department along with their course on CPR (Cardio-Pulmonary Resuscitation).

### Joe Martinez coaches girls' softball team....

girls, including his 11-year-old daughter, Angela, started playing softball a few years ago and are now winning awards hand over fist.

In 1973 the Unicorns finished second in their league, then in 1974 they took first place. With an average player age of 13, the Unicorns went to the 1975 state playoffs in San Antonio, thanks in part to Angela's 265 batting average.



SCORA reports that they will need eight new members on their board of directors, who will be ready to take office March 1.

Anyone interested in running for the following board vacancies should submit their name, department and badge number in the SCORA boxes located at the main gates by Friday, January 23.

Vacancies are: Refinery, 2 staff, 1 Operations-West and 1 Operations-East and Chemical, 2 staff and 1 Operations-East and 1 Craft-East.

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Anyone interested in taking pictures at SCORA functions? If so, contact a board member for details.

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SCORA is planning a Western Dance on February 13 at the SPJST Hall from 8 pm until midnight. The cost will be \$5 per couple per member or \$7.50 per couple per guest. It's a BYOB party and dance.

### CLASSIFIEDS

#### FOR SALE

Set of 4 Ben Hogan woods and set of Spalding irons. \$60 for both. 472-4203

Orange high back cushion chair. \$35. Mediterranean coffee table and square end table. \$195. Rose beige couch and matching chair. \$85. Small refrigerator. \$50. 479-2500

Antique Columbia record player and records. \$75. Antique thick Edison records. \$3 each. Collectable Jim Beam bottles. \$7-\$15. 479-8714

Hi-standard supermatic citation competition target pistol in box, .22 caliber, 5½" bull barrel, adjustable trigger and sights. Like new. \$125. 455-5316

1975 11' mobile Traveler self-contained cab-over camper on 1971 3/4-ton Chevy pickup. \$4,495. 482-7154

Two Goodrich tires, DR-78x 14, 16,000 miles. \$15. 861-8933

1973 Suzuki 50cc trailhopper, excellent camping or child's automatic minibike. \$175. 474-5060

1968 Plymouth Valiant, 6 cylinders, 21,000 miles, heater. \$750. 479-1891

1971 VW Squareback, steel radials, auto trans, air conditioning, roof rack. \$1,595. 482-7154

1974 Pinto wagon Esquire, clean, 25,000 miles, Meche-lin radial tires, radio, air. \$2,950. 479-1450 or 777-2507

1966 VW bug, good buy, needs brake work. Motorcycle fairing, fits 350 to 750 Honda, white, good shape. 7-piece dinette suite, good condition. 487-1490

5-piece sectional living room suite in black velvet, swivel chair in white velvet, corner table and coffee table, 9 months old. \$550. 643-9958

1972 Suzuki 125 street bike, legal, good condition, 2,700 miles. \$275. 782-7441

#### FOUND

Simulated rock, plastic hoop earring. Claim at the SHELLEGRAM office.

#### WANTED

Gas stove in good condition. 649-1033 after 5 pm

Antique bookcase secretary. 479-2700

#### PERSONAL

I would like to take this opportunity to thank my many friends for the party and gifts to me on my retirement. My wife and I will make our retirement home in Lovelady, and we welcome any of our friends to stop by for a visit if they should happen to pass our way.

- Ray & Eunice Julian

### SHELLEGRAM

Published by Shell Oil Company for its Deer Park Manufacturing Complex employees at Deer Park, Texas.

Mrs. Dotti West - Editor