Shellegram
Deer Park Manufacturing Complex
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Society's problem

'Everyone has a drug abuse problem': former narcotics agent

"Opium"

That's the name of a new perfume by St. Laurent. The attractive female in the TV commercial looks intoxicated. The announcer says, "Give her 'Opium,' it just may be habit-forming."

This is just one of the more vivid indications that we live in a drug-oriented society. A more innocent example would be "Plop, plop, fizz, fizz; oh, what a relief it is!"

Drugs—legal and illegal—are all around us. And with drugs comes drug abuse, one of society's most pervasive and destructive problems says a national consultant.

"Everyone has a drug abuse problem," says Harold C. Patin, a veteran of 17 years with the Federal Drug Enforcement Agency. "It's in all neighborhoods, all areas of life. Even if you have no direct experience with drugs, your children or other members of your family might be involved. Or you might be a victim of a crime committed by a drug abuser. You could also be injured on the job from an accident caused by a fellow employee on drugs."

DPMC, of course, is part of the community, and if only by the shear weight of the odds, has its share of drug abuse problems. For that reason DPMC developed a Drug Awareness Program in February 1982 with a pilot workshop attended by OCAW representatives, managers, supervisors and superintendents. After positive comments and input from that group, the program was launched.

It consists of a full-day workshop for supervisors who then meet with those they supervise and present the information to them. Experts from the University of Texas Health Science Center and the DPMC Medical Department familiarize participants with the dangers of drug abuse to the body and brain and the resulting safety hazards created on the job. The supervisors learn to recognize symptoms of drug abuse and learn proper procedures from DPMC Employee Relations and Security so they can respond constructively if a drug-related problem should occur on the job.

Also among the experts is Harold Patin, quoted above. A large, bearded, gregarious man with a captivating delivery, Patin goes into great detail describing the signs, symptoms and dangers of drug abuse, and illustrates his remarks with an extensive exhibit of drug-related paraphernalia.

Patin discusses five major drug categories in order of their prevalence—marijuana, stimulants (cocaine, amphetamines), depressants (barbituates, tranqualizers), narcotics (heroin) and hallucinogens (LSD). He describes the symptoms and behavioral changes they cause and the damage each does to the body.

Some changes can be as simple as in attitude or behavior. Absenteeism and tardiness, or a sloppy appearance can also be signs.

More serious, but less visible, are the side-effects of drug abuse. Marijuana can increase the heart rate 50 percent, damage male reproductive organs, or change brainwave patterns to simulate brain damage behavior.

Cocaine, with a small margin between a "high" producing dose and life threatening overdose, can cause circulatory collapse, respiratory failure or cerebral hemorrhage. Before getting to that point it will cause hypertension, anxiety and paranoia.

EYE OPENER...Harold Patin, right, a consultant on drug problems, sets up an audio-visual show during the drug awareness seminar held for DPMC employees. Bobby Long of Training, who coordinated the seminar, watches as Patin starts the show.

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Employees informed through drug course

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Johnny Garrison of Aromatics East and Roland Deardorff of Solvents and Treating had similar reactions to the program. As Garrison puts it, "I didn't know much about drugs beyond what I saw on television or read in books and newspapers. The program was extremely well presented and I learned a great deal, including that drugs are more of a problem at DPMC than I realized. It's probably a small percentage of our people in trouble with drugs, but we have so many employees that even a small percentage can be a significant number."

"Fortunately, my children and their friends did not have a drug problem," Deardorff confidently says, explaining that he and his wife, a school teacher, paid much attention to his children and their friends, spending time and talking freely with them. "I sure was surprised at some drug paraphernalia, like the little wrenches and other things used for "roach clips" (objects designed to grip shrinking marijuana cigarettes), and the motor oil can with the false bottom for hiding drugs. They ought to keep the program going so that new people coming in will also be educated about what's going on."

Representing a younger generation, Ben Pinion, 28, of Maintenance South, says, "I'm glad to see Shell is a progressive company, trying to inform employees in areas that need to be addressed. Much of the material covered in the program is common knowledge to my generation, but I think it's really good for the older guys to get in step with what's going on in the real world. I also think this is the first time a lot of guys learned that alcohol, which they grew up with and thought was okay, is in the same category with drugs."

Training's Bob Long, who has been working with the program from the beginning, sees it as part of DPMC's overall effort to fight drug abuse in the community. "Because drugs are in the community and DPMC is very much a part of the community, we not only are defending our location and its people from the harmful, dangerous effects, but we also are working with civic organizations in Deer Park in their efforts to combat drug abuse."

DRUG GADGETRY...Randy Davis, left, and Nick Wolfe look at a display of paraphernalia used to take or conceal drugs.

Looking back over the DPMC Drug Awareness program's first year, Bill Thompson, complex manager, says, "Almost every segment of our society is impacted by the increasing problem of drug abuse. Drug abuse affects our communities, our schools, and families; and we are certainly not immune at our place of work. We must all work together to help solve the increasing problem of drug abuse. We believe this drug education program has been one step forward in this effort."

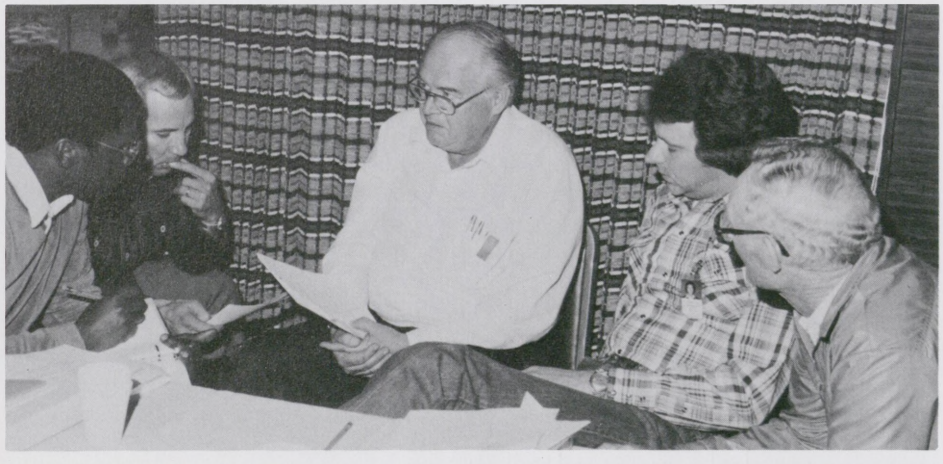
Channel 8 series on alcohol, drug abuse to include Deer Park town meeting forum

The Shellegram has learned that a three-part series exploring drug and alcohol abuse among young people will air Nov. 2, 9 and 16 on Channel 8, KUHT-TV.

The first part of "The Chemical People" explains the "wall of denial" about prevalent drug use among youth, parents and communities. The second part sets forth a plan to combat and treat drug abuse. A third part brings together a panel of experts who will answer questions about chemical abuse, including call-in questions from the television audience.

According to a Channel 8 news release, town meetings are being organized to view the first two segments as a community. Afterwards, panels will discuss long range community plans to prevent chemical abuse among children.

The Drug Abuse Program of America (DAPA) has scheduled one such town meeting in Deer Park. Arrangements are being attempted to hold similar meetings in area churches and civic centers, said Steve Glenn, founder of the Deer Park War on Drugs Committee.



STUDY GROUP...Seminar participants gather in small groups to discuss drug problems. Alton Smith, left, Bennie Contreras, Dave Davison, R. J. Ehrlich and J. D. Waggoner share ideas.

SCORA news:

Dance, races start busy holiday season

The holiday season kicks off early as SCORA sponsors its annual Holiday Dance Friday, Nov. 4 in the ballroom of the Hobby Hilton Hotel.

The dance, which will be from 8:30 p.m. until 1 a.m., features the band Bon Shon. The $20 ticket price entitles those attending to champagne punch, fruit punch and hors d'ouevres and a chance for the door prize -- a jacuzzi suite for a weekend at the Hilton. There will be a cash bar.

Tickets for this final dance of 1983 must be purchased in advance. "We are holding the dance early in the holiday season to avoid the rush of the holidays and first of the year activities," said Jerry McDanniel, Maintenance, event coordinator.

The dance is followed by SCORA's weekend at Delta Downs. Charter buses leave the plant parking area at noon Saturday, Nov. 5 and return Sunday evening.

The two-day trip to the Vinton, Louisiana, horse track includes an overnight stay in Lake Charles, tickets, programs and reserved tables in the club house for two days at the race track, as well as bus transportation.

Pam Olivo, extension 7194, is coordinating the trip which costs $45 for members, $50 for guests.

Weekend festivities will be extended one day as SCORA participates with all Houston Shell clubs in an Happy Hour at the Hobby Hilton Monday, Nov. 7. From 5 until 9 p.m. the Sundance Club will serve complimentary hors d'ouevres and drinks for $1. Another jacuzzi suite will be offered as a door prize.

The Shell clubs get together again at the Westhollow Fun Run Saturday, Nov. 12 at 9 a.m. in Bear Creek Park.

Billed as a family outing, prizes will be given to the top finishing families with at least four runners. A special one mile run will be held for children under 14 years. All participants get ribbons.

In addition to these special categories, awards for traditional categories will also be given. First, second and third place awards by age categories for men and women and team competition will be designated.

SCORA members pay $4 for the event; non-members $7. DPMC employees interested in the run or interested in forming a DPMC running club should contact Larry Keepers, extension 7965. Keepers is coordinating both activities for SCORA.

Winkler takes reins of monthly Shellegram; hopes to take paper in new directions

Since July, the Shellegram has been under the direction of a new editor, Dennis Winkler. Winkler steps in as editor during a time when the Deer Park employee paper is undergoing revisions and he hopes to direct the paper to new levels of popularity.

The major change is the Shellegram is now published once a month. Primarily a cost savings move in connection with the Chemical Cost Study, the change to a monthly newspaper has other advantages. "Unlike a weekly where you are under the constant rush of deadline, there is more time to prepare a monthly publication," Winkler said. "This will result in more indepth stories and meaningful features. Instead of just announcing that something took place, the Shellegram will look at how or why it was done and the expected results."

The Shellegram will feature individual work groups, looking at what they do, how they do it and the value to everyone at DPMC. The paper will also keep track of changes at DPMC. "Since productivity and competing in a very tough market concerns everyone, we will focus on productivity improvements and the like," Winkler said.

In another major change, the Shellegram now is mailed to employees. "This was for the convenience of employees, but also gives the family a chance to see what is taking place at DPMC," Winkler said.

"The Shellegram is a newspaper for our employees," he said. "So if any employee, active or retired, has a suggestion, comment or story idea, I would like to hear it." The new extension for the Shellegram editor is 6906.

Doing a monthly newspaper will give the editor a chance to take on more responsibility outside the Shellegram. Winkler will write a paper for the Eastern Products Distribution Region and will assist Bill Gibson, Community Relations Manager, with community relations projects, such as DPMC tours, and working with the Deer Park Schools and Chamber of Commerce.

"Allowing the editor more time for an indepth newspaper and time for more and broader Community Relations duties should result in overall better communications for DPMC," said Gibson.

Winkler has been with Shell two and a half years, having published employee newspapers for Geismar, Taft and Mobile Plants. Based out of Norco, he also had responsibility for community and media relations in the New Orleans area.

DENNIS WINKLER -- new editor

Reitz ends decade as committee leader

When Floyd Reitz retired in September it marked the end of an era. Reitz served as Safety Department representative to the South health and safety committee since its inception in July of 1973.

The committee was established to assist in promoting safe and healthy work conditions and procedures through encouragement, suggestions and recommendations.

The group accomplished that with monthly discussion meetings and tours of units. Reitz officiated the meetings for more than a decade. With his departure the only remaining charter member of the group is J. R. Spradling.

Buddy Lee, formerly Safety Manager -North will become Manager of Complex Safety and replace Reitz as the safety department representative to the South health and safety committee. Lee also is the representative to the North committee.

Reitz was recognized for his leadership at the last meeting under his tenure. During that meeting, Spradling presented a pair of boxing gloves to Reitz, noting it was a little late since they could have come in handy during committee discussions.

Successful United Way drive follows rally

DPMC'S UNITED WAY kickoff rally, staged at Buckhorn Ranch Saturday, September 10, was the catalyst to a successful charity fund drive, according to United Way committee members.

"Many employees had a first-hand opportunity to see the services United Way provides through its agencies," said Randy Jones, co-chairman of DPMC's United Way team, referring to the more than 300 agency guests who joined employees for the Buckhorn picnic. "The initial reaction was very positive. In the first day and half of solicitation, the average employee gift was over $70, higher than in past years."

Going into the final week of the campaign, donations were moving close to $150,000 with the average gift just below the $70 mark. "We are quite pleased with the way the donations are coming in," said Lon Stern, co-chairman. "We set a rather ambitious goal, $5,000 more than last year with fewer employees. It looks like we won't reach that, but will end up close to $160,000."

MORE THAN 300 SHELL employees turned out for the picnic and rally joining United Way agency guests from Houston's Lighthouse for the Blind, DePelchin Faith Home, Center for the Retarded, Boy Scouts, Girl Scouts, Campfire Girls and Ripley House.

Ripley House members entertained with lively Mariachi music and Spanish dancing, while the Girl Scouts displayed their activities and Boy Scouts demonstrated the art of rope tying by building a rope bridge on the campgrounds.

"Many of our employees were touched by the way the 'special people' came out to the picnic and enjoyed it," said Pat Kelly, assistant co-chairman. "These people rode on the train and hayride and went through the food line with little assistance. They are pretty independent people."

"We are fortunate the weather was beautiful all day at Buckhorn," Kelly added. "Despite a week of solid rain, the grounds were not sloppy and all of the facility, including the swimming pool, was usable." Kelly recommended and helped arrange the use of Buckhorn Ranch and Lake for the rally.

Although more than 650 people attended, the area never was crowded. "Other than a half hour of speeches, there wasn't a set schedule, so people could come and go as they pleased," said Jones.

THE SPEECHES were endorsements of the United Way campaign by Shell management and union leadership. Dick Kemball-Cook gave the management boost, while Randy Jones handled the OCAW Local 4-367 endorsement.

POPULAR RIDE...The train at Buckhorn Ranch was a popular attraction.

Also included in the program was a special presentation of a United Way service plaque to Irv Skaar for his service to previous DPMC fund drives and "Special Days for Special People." "Special Days" is the forerunner of the kickoff rally which started the tradition of inviting United Way agency guests to enjoy a day with Shell workers.

Following the second lunch serving, 23 door prizes were given away, seven for children and 16 for adults. Door prizes were donated by local merchants dedicated to the United Way effort. Hurricane Bowling Lanes donated 50 game passes. Winning five passes each were (children) Robbie Bowerman, Craig Christensen, Johnny Monceaux, Kelvin Green, Amber Stern, Ann Van Lou, (adults) Joyce Carver, Pat Kelly, Lon Stern, and Larry Favor.

Deer Park Lumber and Home Center donated a Pestolite Bug Light won by Joe Lummus. Shell management purchased and donated Houston Oiler game and parking tickets for the Miami Dolphins game. In two individual drawings husband and wife Ted and Gladys Holt won those four tickets plus the parking.

EIGHT AREA RESTAURANTS contributed free dinners as door prizes. Wendy's (Center Street at Spencer) offered four meals, two won by Lillie Stevens and two by Tracy Lummus. Jug and Muffin gave away four free lun-

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PEOPLE HELPERS...Members of DPMC's United Way committee crowd around money raised at the kickoff rally. From left, members are Pat Kelly, holding his daughter, Tiana LuAnn, Mike Martin, Cliff Monceaux, Tracy Vance, Ed Hinojosa, Lon Stern and Randy Jones. Committee members Dennis White and Dennis Winkler are not pictured.

Prizes given away at United Way rally

Continued from page 4

ches, two won by Jim Barnett and two by Raymond Hinojosa. Bill Hamilton won a $25 gift certificate for dinner at J. C.'s Restaurant.

The Monument Inn, Lynchburg Crossing, Louie's on the Lake, Pizza Inn (Center Street) and Buster's Barbecue donated dinners for two. They were won respectively by Robert Garcia, Marilyn Callaway, Jo Ackerman, Geneva Palermo and Paul Spicer.

More prizes will be given away from drawings held at the end of the United Way campaign, including parking spaces located near the Chemical and Refinery main gates.

"The United Way Committee views the parking spaces to be sort of the Grand Prize 'Thank You' to everyone in the Complex who helped make the campaign a success", said Cliff Monceaux, Committee Member. A special reserved parking space near each of the main gates will be dedicated for one full month to each winner drawn. There will be twelve winners plus twelve alternates for each of the two parking spaces.

ENTERTAINING...Guests from the United Way-sponsored Ripley House entertained the crowd at the kickoff rally with Mariachi music and Spanish dancing.

Register now

Blood Drive set for early November

Employees can get the holiday spirit by giving blood Nov. 7-10 or Nov. 11, 14 and 15 during DPMC's semi-annual blood drive. Gulf Coast Blood Center personnel will be at DPMC those dates to give qualified employee donors the opportunity to give the "gift of life."

The drive for the South side will be November 7-10 in the north conference room of the South Cafeteria. On the North side, the drive will be November 11 and 14-15 in the Financial Auditorium. Hours are 8:30 to 11:30 a.m. and 1 to 4 p.m. each day, except for Monday, November 14 when the hours are 12 to 4 p.m.

"Blood supplies usually run low during the holidays," said Liz Ripley of Employee Relations, who is coordinating the fall blood drive. "People aren't as available to give blood, but the need remains high. As many as 23,000 people a day in the United States need transfusions."

If at least 25 percent of Shell's employees in the Houston area donate blood, all Shell employees benefit. Donors receive credit on their hospital bills for the processing and recruitment fees for blood units they and their families use. Non-donors receive credit on the recruitment fee, but must still pay the processing fee.

Brochures explaining the blood donor program and registration cards were mailed to employees mid-October. If you have not returned your registration card, yet wish to donate, there is still time. Mail your registration form to Room 149, North Administration or call extension 3011 to schedule an appointment.

The goal for the Complex is 500 units of blood. "We have been close to that number in past drives. With the spirit of holiday giving I know we will go over the 500 unit mark," Ripley said.

Most people qualify to be blood donors. "If you weigh at least 110 pounds, don't have a history of hepatitis, internal cancer surgery or coronary heart disease, aren't pregnant, or haven't been recently sick forcing you to take medication, you probably qualify," Ripley said.

A healthy person can give blood every eight weeks. Donors are reminded to eat normally before giving blood, staying away from fatty foods, eggs, milk and other dairy products.

"It only takes about 30 minutes to be screened, give blood and get back to work," Ripley said. "It is easy to be a blood volunteer and 'give the gift of life'."

RAPping with medical staff eases burdens; can provide help with personal problems

Have your problems become too burdensome a weight for you to handle?

Help in handling problems is only a phone call away through a United Way-supported agency with trained professionals within the DPMC complex.

DPMC's medical staffers are trained as volunteers for the Referral Agency Program (RAP), a list of community agencies that get the proper help to people.

Problems RAP will seek to assist you with can range from needing transportation to being ill and needing help with children or housework. RAP also works with more prominent societal problems such as difficulties with finances, drugs, alcohol, overweight or everyday stresses.

Someone in Medical is ready to assist employees, in the strictest confidence, 24 hours a day. It takes only 30 minutes to an hour for Medical to identify agencies and gather information you may need to solve a difficult problem according to Katherine Moore.

Currently the nurses are showing a slide presentation about RAP at craft safety meetings. Any department wishing such a showing should contact Moore on extension 6428.

"Sincere, perhaps life-saving, help is only a phone call away. Dial extension 6932 now, ask for your favorite Medical Department employee and make an appointment to come and RAP," said Moore.

Computers open doors in latest security move

Increased threats to U.S. industry moves security to search for new ways to protect employees, units

INCREASED THREATS against United States industry has moved DPMC Security to reach for state-of-the-art equipment, including computer controlled entry doors and microwave surveillance, to tighten control of unauthorized entry to the complex.

The high-tech approach to security is designed to afford Shell employees and equipment protection from outside threats such as kidnappings, sabotage or extortion plots similar to the highly publicized Gulf Cedar Bayou plant incident, said John Shea, manager of Security.

''By knowing what doors lead directly into the complex, an unauthorized person might enter and exit the complex unnoticed,'' said Shea. ''In light of increasing threats to U.S. industry, we feel a need to beef-up security measures to protect our employees and property.''

A study begun in late 1979 identified some measures Security would put into effect. They included installation of computer controlled access doors in certain buildings and employment of sophisticated surveillance equipment along the perimeter of the complex.

THE MOST VISIBLE CHANGES in security procedures will take place in the North Administration and Environmental Conservation buildings. A computer card will be required to access these buildings from outside the complex. Access from the refinery and chemical plant into these buildings will not be inhibited.

In the North Administration building, the doors closest to the cafeteria will be converted to computer card access control and a computer controlled door will be added to the back hallway of the Employee Relations wing downstairs.

The doors leading to the lobby and to the refinery will not be controlled. However, traffic will have to pass a security station in the lobby where visitors will be logged in and packages entering and leaving the complex may be checked. The present receptionist's desk will be moved closer to the doors, next to the stairway, to serve as the security station. Railings will be constructed to direct traffic past that station.

THE ENVIRONMENTAL CONSERVATION building will receive similar changes. A controlled access door will replace the grill door next to the receptionist's desk. Persons without computer access cards will have to sign in with the receptionist before entering the building.

Shea says the new security measures are intended to protect employees, not restrict the freedom of employees to do their jobs. ''Employees who work in the two buildings converted to computer card access will receive credit card-size entry cards that will also include an employee identification badge. A card will be placed against a card reader which triggers the door to open,'' he said. ''Employees needing to get into these areas frequently can also receive cards, or they can go past the receptionist.''

THE EAST OPERATIONS building is another area of interest to Security. A visitor could possibly enter the complex through that office without passing security guards.

Management has opted not to install controlled access doors at this point to East Operations, but will deter unauthorized outside entry by erecting a fence that will force entry to that building via a walkway next to the guard gate. There visitors can be monitored and packages may be checked entering and leaving the complex. The fence will run along the sidewalk in front of the gate house training facility and East Operations building connecting to the fence behind that building.

THE SECURITY "BEEF-UP" extends beyond limiting access to the three buildings. Plans also call for electronic and microwave surveillance along the complex perimeter. Closed circuit television will be used to monitor some areas and motion detection devices for other areas. Cameras will be fixed to view a certain location. If the picture changes an alarm will sound and the area can be checked through a security patrol or the use of remote control cameras with capacity to pan, zoom or tilt while taking pictures in either high or low level light.

''Using the sophisticated equipment tightens some of the soft spots in our security system,'' said Shea. ''The cameras give us 24-hour surveillance, whereas patrols are intermittent. We will react to an alarm by using remote control cameras to determine if it is a false alarm. If not, we will dispatch a security patrol.''

These new measures are the result of a study by Head Office and DPMC security. As early as the third quarter of 1979 these groups were looking at access to the Complex. ''Most people see the changes we are making and automatically think it is a result of the Gulf extortion plot,'' said Shea. ''Actually, the recommendations of the study teams and Deer Park management had been reviewed, refined and approved at DPMC and sent to Head Office for approvals before that incident took place. The Gulf incident may have given the recommendations more urgency, but we already knew we had some areas we wanted to shore up.''

Shea mentions that threats to American industry have been rising rapidly over the past few years. In fact, it seems to have begun with the bi-centennial year. ''The ship Valley Forge was at our docks July 4, 1976, when threats were made to blow it up,'' Shea said. ''We have been very conscious of this type of thing ever since, and continue to work to deter any event from taking place at Shell DPMC.''

Classifieds

FOR SALE

1983 Dodge Mini Van-Royal SE Prospector, 8 Pass., 3,000 mi., 318 hp-boards, Ziebart, sun screen, loaded. None on market. $12,100. 422-5113

1982 Z-28 Camero, immaculate cond., loaded w/low mi., dk brown. $11,500. **Weight Lifting Equipment,** 2 bars, cast iron wgts. plus bench w/leg press. $200. 482-2883 after 5 pm.

1978 Chevy 4X4, SWB, stepside, 350V, auto., full time 4-wheel drive, lift kit, 38″ monster mudders, excellent shape, looks sharp. $4,000. 487-4820

1971 Citroen DS 21 Palais, 130,000 mi., (I drove for 7 yrs.), collector's item, semi-auto 4-spd., hydr. suspension, A/C, needs minor maint. to have in good running cond., good cond. $2500. 487-9802 or 568-0139 (evenings & weekends)

1972 Chevy Impala, 2 dr., auto, V8, PS, new tires & brakes, good work car. $500. 358-7626.

1981 Honda CM400=, 5600 mi., perfect. $1050. 472-8810

1981 Honda CM400T, 6500 mi., perfect. $1050. 472-8810

1983 Honda CX650, Custom paint, lots of extra's, low mi., 6 months old. $3200. 4789-2268

1964 Ford 1-Ton Winch Truck, 6 cyl. eng., Brayden 10,00 lb. winch $1200. 470-1425 after 5 p.m.

1977 Honda XL-100, street legal, runs good. $300. 470-1425

1982 Skyline Mobile Home, 2 bdr, 1 bath, furnished, centr. A/H, front kitchen, island stove. No equity/assume notes of $380.14 mo. 473-1274

1980 Sandpoint Mobile Home, 2 bdr, 2 bath, centr. A/H, all elec. Equity and take up notes. 422-5257

26′ Airstream Trailer, good cond. $6500. 458-9911

Due to space limitations, some classified ads could not be included in this issue. Those ads will run next month.

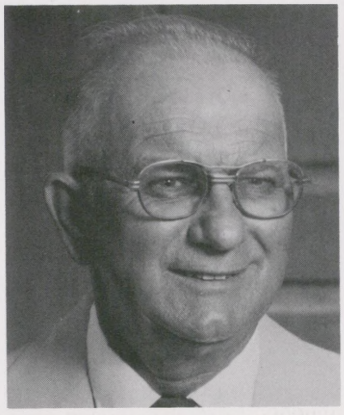
DPMC ANNIVERSARIES AND RETIREMENTS

EVELYN P. LEAMONS

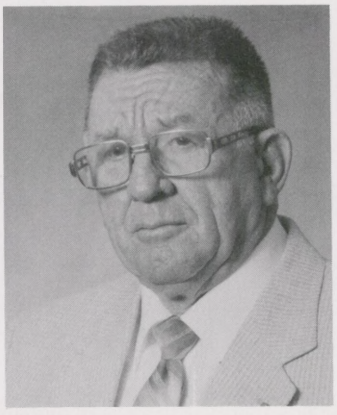
J. H. LOCKE

W. TATMAN

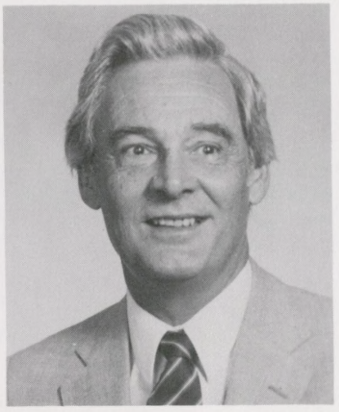
JACK WARNER



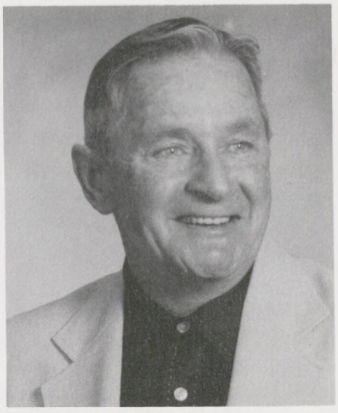
C. E. WINKLER



RED DANIELS -- 40 years



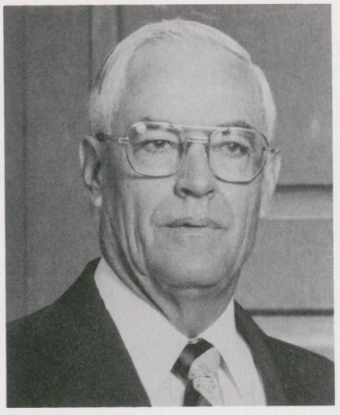
BAYLOR BISHOP -- 35 years



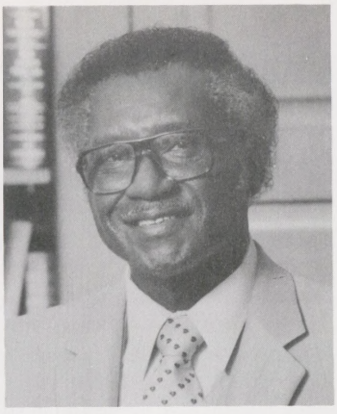
JOE KENNERTY -- 35 years

KNOX MONTGOMERY -- 35 years

LUBBY WORSHAM -- 35 years



FRAY BILLINGS -- 30 years



J. B. GAY -- 30 years

Classifieds

THANK YOU

L. W. Otterson, D. D. and Etta Jones, and Gene and Louise Janquart express sincerest gratitude and appreciation to fellow workers and friends for gifts and gracious sentiments received. They are retirees.

FOR RENT

3-2-2 House on cul-de-sac, golf course, firepl, microwave, Jennaire grill, W/D, Refrig. $700. 870-3637 (days) or 461-7062 (evenings)

Pasadena, Southmore Plaza, 3-1-1 fenced yard, convenient location, quiet neighborhood, A/C, reference & deposit - owner $450. 686-2729

2 BDR, 2 bath, carport, Pasadena. $410. 481-6026

In Memoriam

The death of pensioner R. W. Smith was recently reported to the Shellegram. Smith retired from the North carpenter shop March 1, 1977, after 25 years of service to Shell.

Medical, co-workers help smokers snuff cigarette habit

If you have been looking to give up smoking, but just seem unable to do it alone, help is on the way. DPMC's Medical Department plans support for smokers to give up the habit for at least 24 hours during the Great American Smokeout.

During lunch Nov. 17, nurses will station themselves in the cafeteria armed with smokeout pledges and poised to urge smokers to sign the pledge to give up smoking for 24 hours.

"We will reward smokers for giving up their smokes," said Liz Patrick of Medical, who is coordinating this effort. "They will wear buttons saying 'kiss me, I don't smoke', will receive free soft drinks and sit in a non-smoking area during lunch the next day."

The most important part of the smokeout is the moral support given by non-smoking co-workers. "Non-smokers can adopt a smoker and pledge to help that person get through the day and hopefully longer," Patrick said. Official adoption papers will be available Nov. 17.

"Items needed to survive 24 hours without smoking will be stuffed in brown paper bags and given to smokers taking the pledge," said Patrick, who was deliberately evasive when asked the contents of the brown bag.

Patrick indicated that a somewhat light approach to the smokeout is being taken, but smoking is indeed a serious subject. Patrick recently researched the subject for a program she will present at group safety meetings. "We will let people know the effects smoking has on the smoker and non-smoker, show what chemicals are found in cigarettes and dispute the reasons people claim smoking is pleasing.

"Besides nicotine, arsenic is found in cigarettes," said Patrick as she recalled some of the more outstanding facts about smoking. Also, 70 percent of all cancer victims are smokers and smokers have absenteeism rates three times higher than non-smokers.

"And it doesn't just affect the smoker. Children of smoking parents are sick more often, especially with respiratory ailments," said said. "And what I found especially shocking, newborn infants of smoking mothers are smaller, have a higher illness rate in the first year and a higher infant mortality rate."

Although the Great American Smokeout at DPMC will take a softsell approach, Liz Patrick and the Medical group have hard hitting facts they plan to distribute to smokers.

BROWN BAGGING...Liz Patrick of Medical prepares brown bags for smokers who pledge not to smoke on Great American Smokeout Day Nov. 17. The brown bags contain necessary "goodies" to get smokers through a day without cigarettes.

PLANNING TO DONATE...Truiett Yancy of Maintenance turns in his blood donor registration card to Liz Ripley of Employee Relations, fall blood drive coordinator. Appointments are being scheduled now for the early November drive. See story on page 5.

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