



WESTIN HOTELS

Homefront

For Westin Hotels & Resorts Corporate Office Employees

December 19, 1986

LETTER TO THE EDITOR

The following, received by the HOMEFRONT editor, is a letter of thanks to Westin employees from a client of the American Diabetes Association who has been made aware of our recent record contribution to the 1986 United Way campaign.

"Almost two years ago, our son (then 8 years old) was diagnosed as having insulin dependent diabetes. We were very fortunate to receive excellent training through our doctor and hospital in dealing with the physical ramifications of a chronic disease such as diabetes.

However, coping on a regular basis with the emotional roller coaster was another matter! We discovered that the American Diabetes Association encouraged support groups for families like ours. With the support and assistance of the ADA, we were able to establish a Parents Support Group on the Eastside. Sharing with parents of children with diabetes has proven to be an excellent way to overcome the vacuum - the feeling of isolation - created by diagnosis of such a disease. Meeting and establishing friendships with other children living with diabetes has helped our son feel confident and capable, and most importantly, not different than other children.

The American Diabetes Association has been instrumental in providing ongoing, up-to-date educational opportunities through workshops and seminars for us, exceptional camp and recreational programs for my son, detection centers for the public, and fellowship grants for research.

Through your generous contributions to the United Way, ADA is able to serve us all. One day soon, diabetes will be an 'endangered disease'. Until then, thank you for making it possible for this United Way agency to help my family every step of the way!

Sincerely,
Rozaanne Gette"

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WESTSKI - THE DAY IS SET

Saturday, January 31 has been set as the Westin Ski Day on Crystal Mountain. If you're interested in joining the "Westski" party but have not as yet signed up, there is a sign-up sheet on the sink cupboard in Harry's or catch the one being circulated through your department. If you miss both, you can also call Paul Byker (x8919) and he will be happy to add your (and a friend's) name to the list. Paul says more detailed information will be forthcoming in early January.

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KCTS 9, 'BEST FRIDAY EVER'

A thank you note from the Channel 9 folks to Cat Regan regarding the recent Westin night participation, noted that it was "the best Friday pledge night ever" that chalked up 529 new subscribers and \$26,150 in pledges. All of you Westin/FORMA volunteers and friends can take a bow. Cat says the next Westin pledge night is tentatively set for Friday the 13th of March (Now, that sounds scary!). We'll

keep you posted.

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IF YOU BELONG TO UALECU

Then you might be interested to know that at its December 12 meeting, The United Air Lines Employees Credit Union (UALECU) Board of Director declared a quarterly dividend of 8 percent per annum, payable to shareholders of record as of December 31, 1986. Also, UALECU quarterly statements will be in the mails during the week of January 5.

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SMOKE STOPPERS, START YOUR CLASSES

For those of you who have signed up for the Virginia Mason Smoke Stoppers class, this reminder that the first get-together happens on Tuesday, January 13, at 4:30 p.m. here at the Westin Building. Then continues for four nights the following week--January 20 through 23--also beginning at 4:30 p.m. Follow-up classes will be held on January 27 and on February 3 and 10.

Any non-signer-uppers interested in joining the group, are welcome. Just give Louise Clithero at HR-7 a call on x5055 and tell her you want to sign up. As to the rest, we ask that you try to be understanding of the difficulties some of the class members may be experiencing during this period and to be as supportive as you can of their very worthwhile efforts.

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CHECK OUT THIS SHOPPING LIST

- 2 cans of meat
- 2 cans of tuna
- 4 cans of vegetables
- 4 cans of fruit
- 4 cans of soup
- 2 boxes macaroni & cheese dinners
- 1 box dry soup mix
- 1 pound dried beans

- 1 pound box powdered milk
- 1 can of milk
- 1 box of oatmeal

That's what the Salvation Army suggests would be needed to feed a family of four for a week--not in some far off third world country, but right here in the Seattle area. The Salvation Army is just one of the 14 United Way agencies that are providing food to thousands of needy individuals and families in our community.

If you'd like to help out, you might want to take this add-on shopping list with you when you are doing your family holiday shopping for one or more of the items listed. In addition to the Salvation Army, there are a number of local agencies as well as church and club groups that will be happy to handle the food distribution. Or call United Way's Community Information Line (447-3200) for food donation information assistance.

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PEOPLE

A Westin welcome to: Roberta Drabek, systems analyst, Corp. EDP; David Brownlee, data communications specialist, Corp. EDP; John Looyen, analyst/programmer, Hotel EDP; Cheryl Maxwell, operations support specialist, Hotel EDP; Tammy Brockinton, health care continuation asst. II, Benefits; Nancy Maio, group insurance asst. III, Benefits; Michael Reese, analyst/programmer, Hotel EDP; Virginia Walton, financial systems analyst, Corp. Accounting; Kathleen McKillop, benefits records asst., Benefits; Cynthia Burford, accountant II, Corp. Accounting.

Moving around: Jen Campbell, project analyst, Marketing to F&B programs administrator, F&B.

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We wish you a MERRY CHRISTMAS and if we had room, we'd also wish you a HAPPY NEW YEAR!